







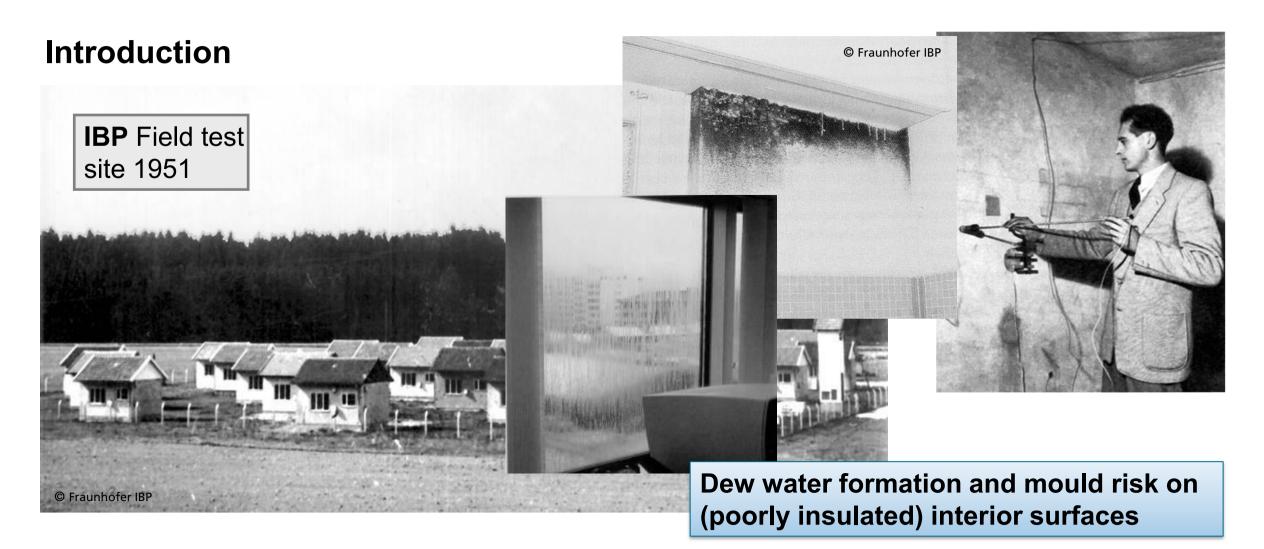




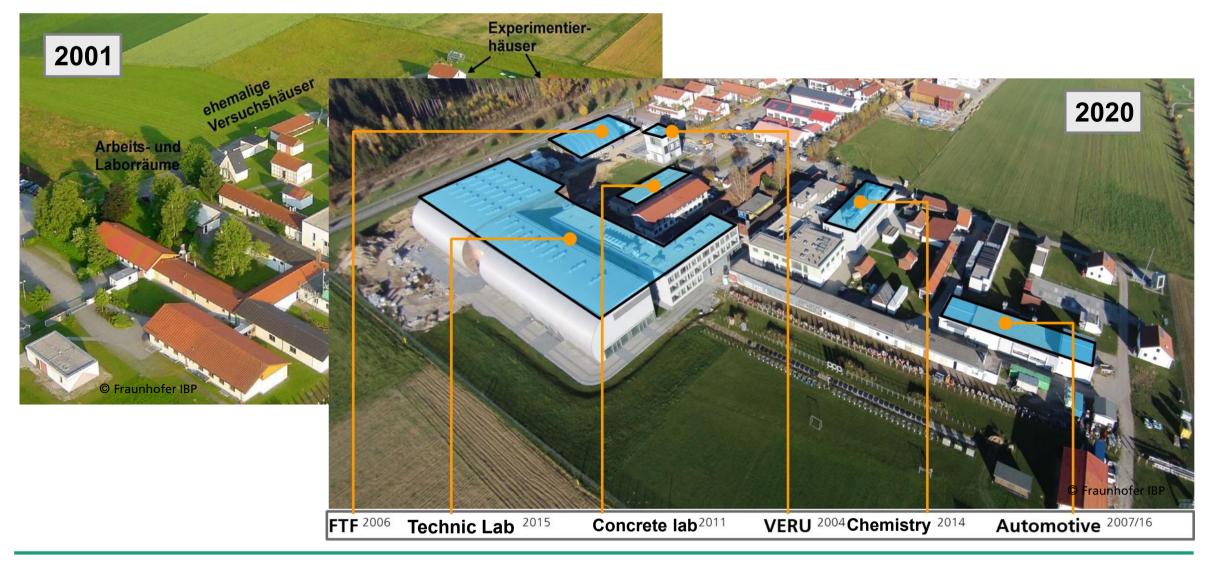
Finnish Building Physics Conference, Tampere October 2025

Customized hygrothermal design for resilient and durable buildings

Daniel Zirkelbach



Founded in 1951 to examine the hygienic performance of different wall and roof constructions under critical climate conditions on a plateau in front of the Alps.









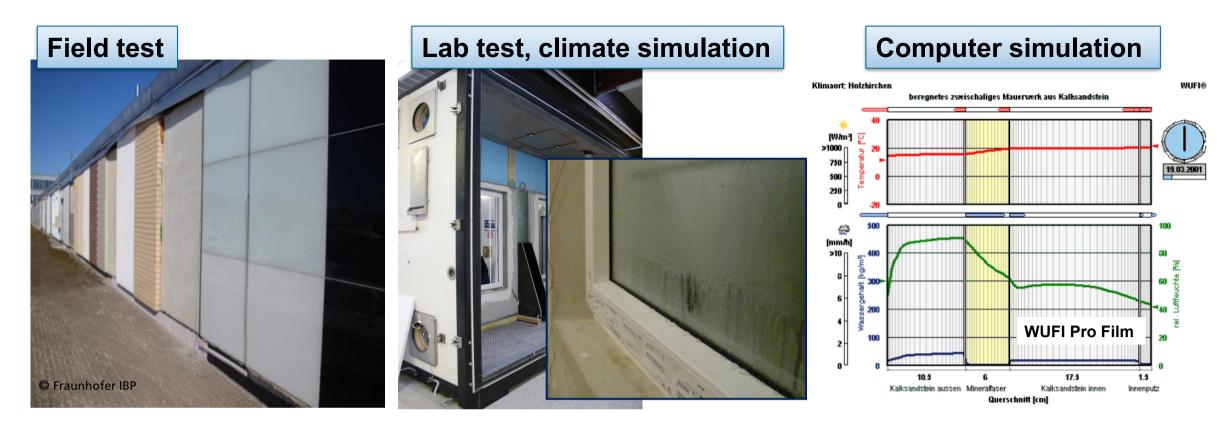


Dew water for risk on well in Better insulat problems on But create ne

Dew water formation and mould / algae risk on well insulated exterior surfaces

Better insulation levels solve moisture problems on the inside - But create new risks on the exterior side!

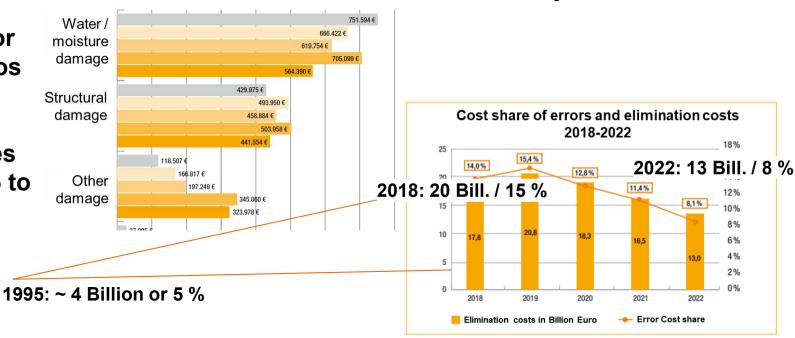
Hygrothermal performance analysis considering heat, air and moisture transfer is often based on the triplet of field, lab and simulation studies to consider all influencing factors in real life!



- Building damages in Germany 8-15 % of turnover in the building sector!
- Moisture causes highest costs for repair: in total 4,5 – 6 Billion Euros per year!
- Strong increase over two decades from around 4 Bill. Euros in 1995 to over 20 Euros in 2019.

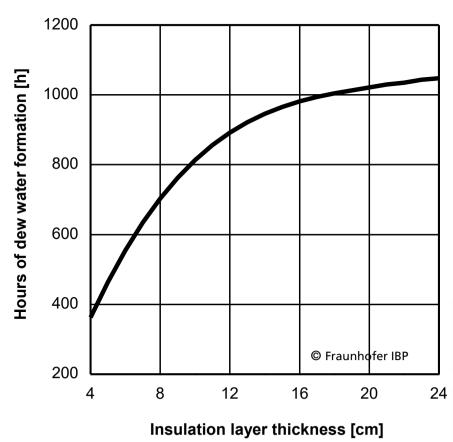


VHV Building Damage Report for Building Construction in Germany 2023/24



In 2014 and 2018 the requirements for hygrothermal design in DIN 4108 were reviewed and clearly improved...

**Example: Roof ventilation – from moisture sink to moisture source (?!)** 



Overcooling due to sky radiation

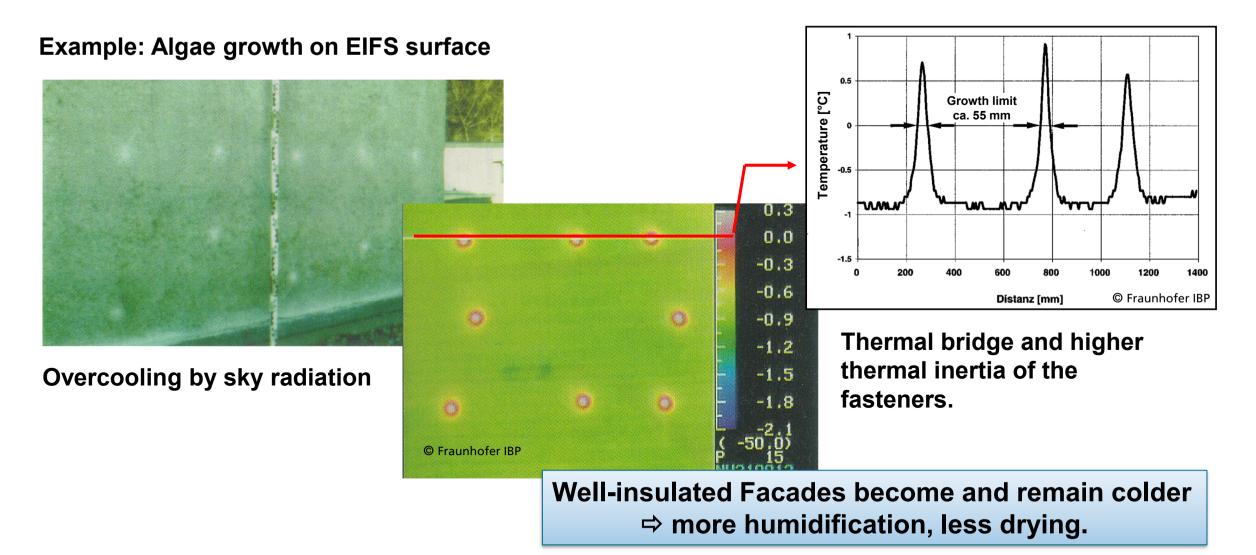
Ventilation

© Fraunhofer IBP

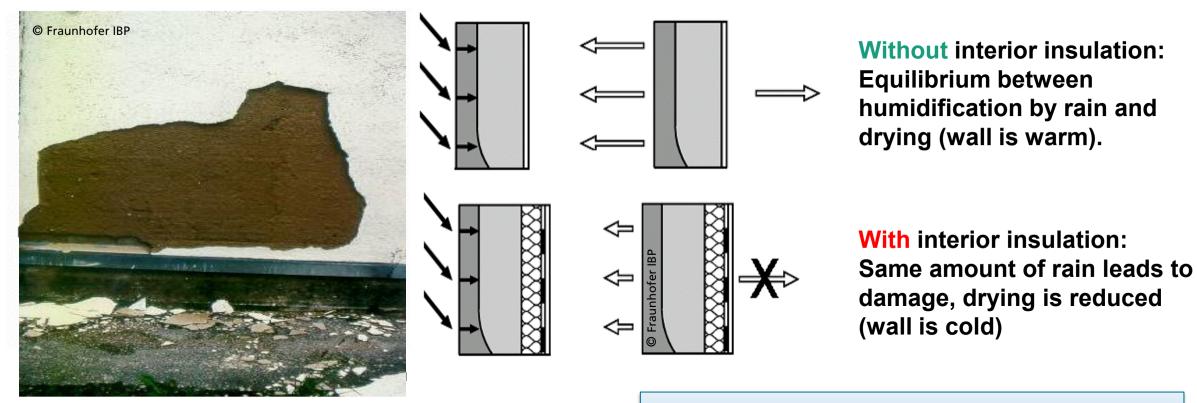
Better insulation leads to lower temperatures on the outside of building components.

Without insulation: drying effect is dominant! With insulation: increasingly frequent humidification!

Cold air in warm construction: drying! Warm air in cold construction: humidification!

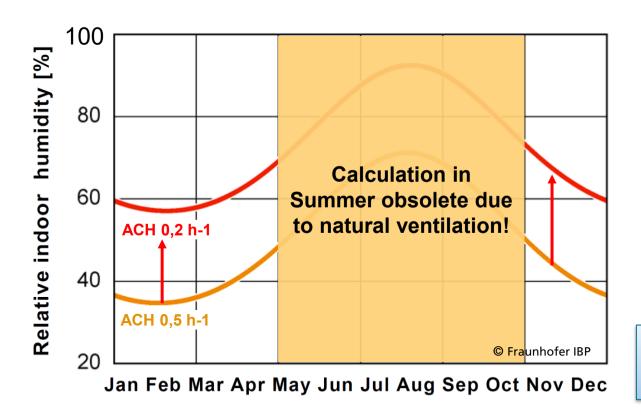


**Example: Frost damage after installation of interior insulation** 



Interior insulation saves "drying energy" and leads in this case to frost damage!

Example: Indoor air humidity level depending on the air change rate



Indoor air RH in case of air change rates of 0,5 h<sup>-1</sup> and of 0,2 h<sup>-1</sup>.

Typical moisture production rate of 1.0 g/m³h Temp: 20 - 22 °C.

Increases of RH by approx. 20 % RH in wintertime

Better airtightness increases RH level and vapor pressor in the indoor climate

#### Correlation between moisture problems and Energy savings

Moisture protection in times of energy saving buildings and sustainability

Good insulation avoids dew water and mould growth on the interior surfaces!

However, energy saving measures move the problems further to the outside and increase in sum the moisture damage risks for two main reasons:

- 1. Better insulation means lower temperatures and worse drying of the exterior layers!
- 2. Better air tightness of the envelope means higher moisture levels and more humidification of the components by vapor diffusion.

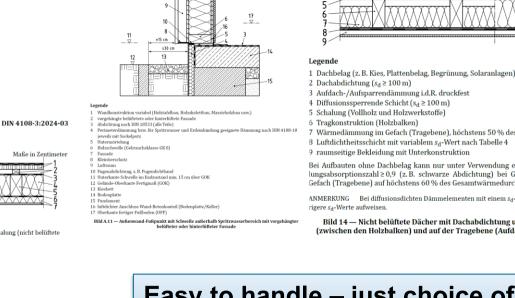
The better the energy saving level, the more important is an adequate moisture protection by limitation of moisture ingress (vapor retarder, rain water protection) and facilitating drying (vapor permeable layers)!

Renewable materials are particularly moisture sensitive and exacerbate the challenge!

#### **Deemed-to-satisfy constructions**

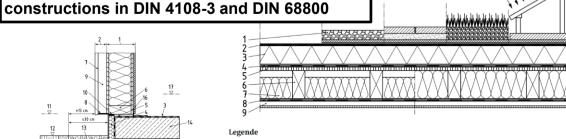
#### Proven by:

- Longterm practice experience
- **Glaser / Dew-Point calculations**
- **Hygrothermal simulations**



Examples for deemed-to-satisfy wall and roof

5.3.4.2.11 Nicht belüftete Dächer mit Dachabdichtung bei Gebäudehöhen < 10 m nach Rild 14



- 7 Wärmedämmung im Gefach (Tragebene), höchstens 50 % des Gesamtwärmedurchlasswiderstandes

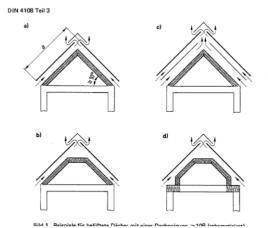
Bei Aufbauten ohne Dachbelag kann nur unter Verwendung einer Dachabdichtung mit kurzwelliger Strahlungsabsorptionszahl≥0,9 (z.B. schwarze Abdichtung) bei Gebäudehöhen≤8 m die Wärmedämmung im Gefach (Tragebene) auf höchstens 60 % des Gesamtwärmedurchlasswiderstandes erhöht werden.

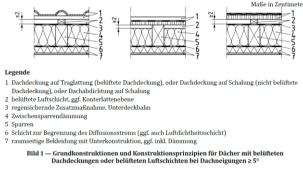
ANMERKUNG Bei diffusionsdichten Dämmelementen mit einem sd-Wert≥ 1500 m können die Schichten 2 und 4 nied-

Bild 14 — Nicht belüftete Dächer mit Dachabdichtung und Wärmedämmung in der Tragebene (zwischen den Holzbalken) und auf der Tragebene (Aufdachdämmung) bei Gebäudehöhen ≤ 10 m

#### Easy to handle – just choice of assemblies which fit with the requirements

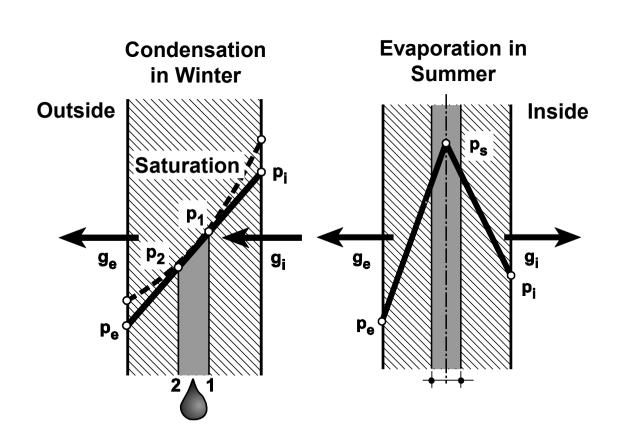
Only valid for similar climatic conditions and operations!

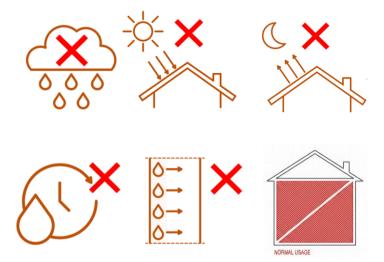




Fraunhofer

#### **Glaser or Dew-Point calculations**





Simple mathematical or graphical solution of the water vapor transport balance!

Many influences are missing - only valid for intended climate conditions and operation

#### **Hygrothermal simulations**

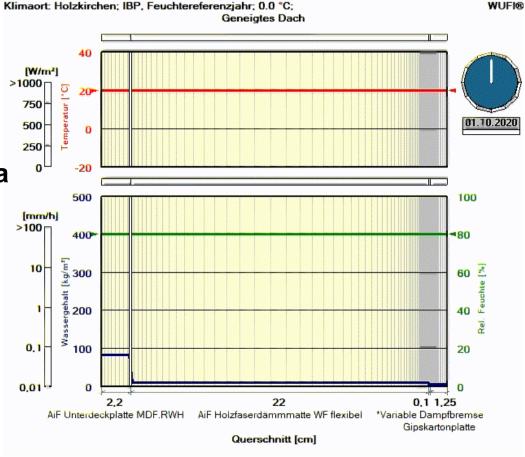
 State of the art and recommended in many standards like EN 15026, DIN 4108, ASHRAE 160 etc.

Consider the relevant climate and material data

 Able to handle imperfections ventilation, shading, green roofs etc.



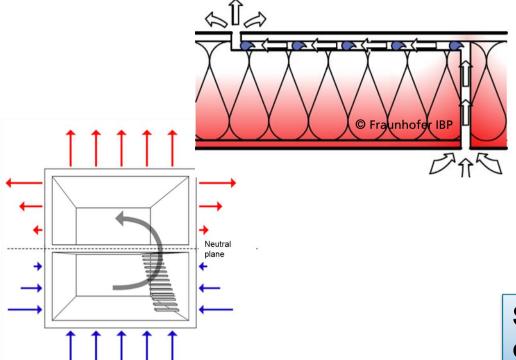
Most detailed method based on physical models and real climate data



Challenge: Availability of climate and material, correct choice of input data, interpretation of results

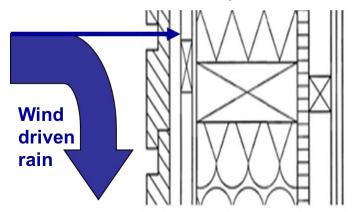
#### **Hygrothermal simulations**

DIN 68800: Air infiltration in case of wooden walls and roofs



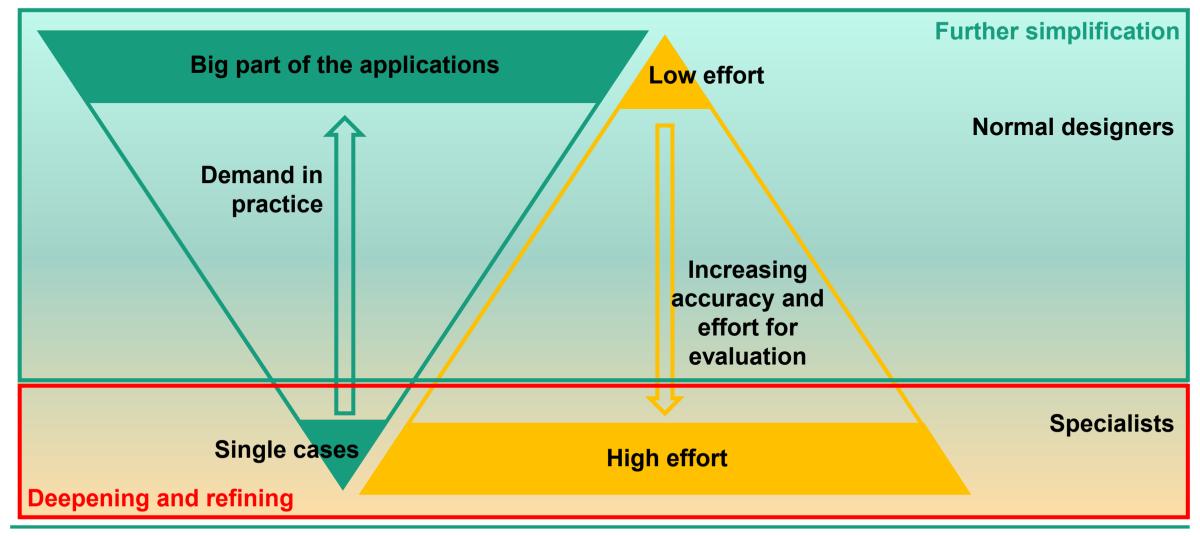
ASHRAE 160 / EN 15026: rain water leakages in case of EIFS or Cladding systems

1% rainwater penetration



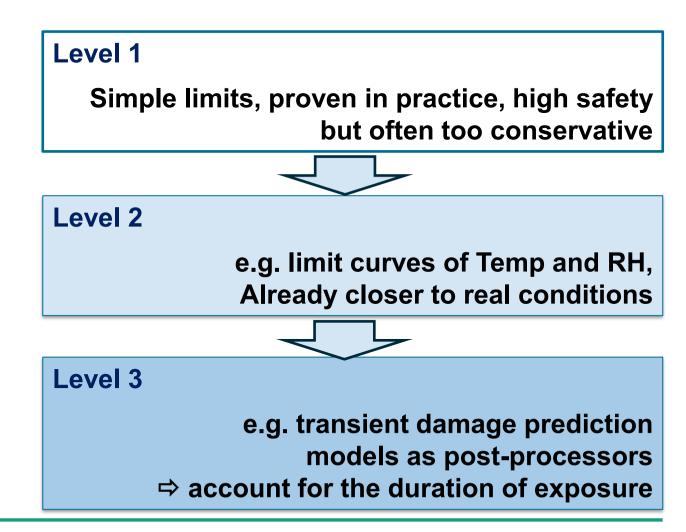
Safety Features for typical imperfections avoid constructions with insufficient drying potential

# Project NaVe (Fraunhofer IBP und TU Dresden): Improved Evaluation Criteria for Hygrothermal Simulation Results



# Project NaVe (Fraunhofer IBP und TU Dresden): Improved Evaluation Criteria for Hygrothermal Simulation Results

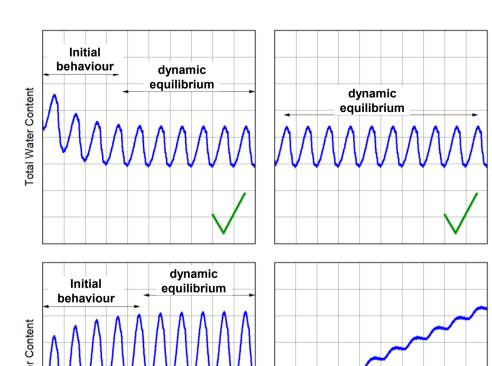
- Hygrothermal Performance
- Condensation water limits to prevent run-off
- Mould Growth
- Fungal Decay
- Corrosion prediction



#### **Evaluation criteria on different accuracy levels – Moisture performance**

#### Moisture content of the whole assembly

- Decrease: Component dries
- No change to last year: dynamic equilibrium is reached
- Short-term increase also OK!!: humidity level in dynamic equilibrium is higher than the assumed initial moisture;
- Long-term increase: permanent moisture accumulation in the construction (higher wetting than drying – may be acceptable at low levels if no critical moisture conditions are reached during lifetime)



Qualitative assessment – level depends on thickness and sorption capacity of the materials but has no meaning.



Calculation Period

© Fraunhofer IBP

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#### **Evaluation criteria on different accuracy levels – Interstitial condensation**

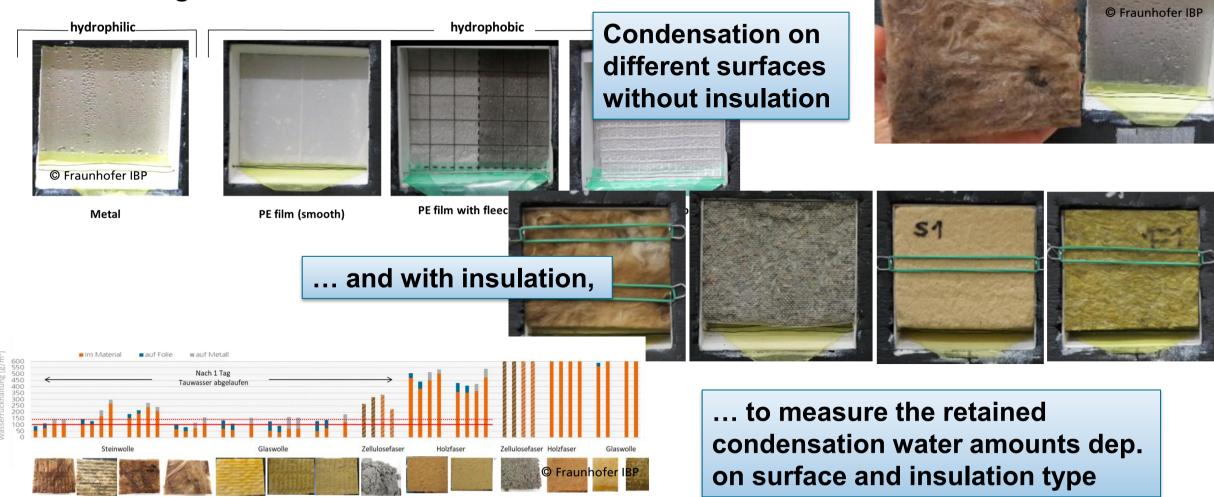
#### Little and contradictory information in international standards

Maximum amount of condenstion to avoid running off				
DIN EN ISO 13788: interfaces				
General limit value	neral limit value ≤ 200 g/m²			
DIN 4108-3: interfaces				
Impermeable surfaces	≤ 1000 g/m²			
Absorbing surfaces	≤ 500 g/m²			
BSI 5250: Impermeable surfaces without insulation				
General limit for fine mist	< 30 g/m²			
Vertical surfaces	< 30 – 50 g/m²			
45° slope	< 70 g/m²			
23° slope	< 150 g/m²			
Horizontal surfaces	≤ 250 g/m²			

What can be used? Obviously further investigations necessary!

#### Interstitial condensation

#### **New investigations in Nave**



#### Interstitial condensation

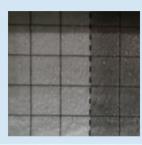
#### **Level 1: General limits independent on material types**

Without insulation	50 g/m²
With insulation	100 g/m²

#### Level 2: dependent on surface type









Interface situation	hydrophobic smooth	hydrophilic	hydrophobic, fine structured	hydrophobic coarse struct.
Exemplary material	PE film	metal plate	PE film w. fleece	film with mesh
Dew water retention without insulation [g/m²] (factor b)	50	100	100	150
Dew water retention with insulation [g/m²]	100	150	150	200

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#### Interstitial condensation

Level 3: Individual influence of inclination and moisture storage / liquid transport of the insulation!

Specific retention capacity considers minimum retention, insulation properties, interface type and inclination:

Retention capacity 
$$[g/m^2] = \frac{100}{100} + \frac{20 [m \cdot g/kg] * u_{80} [kg/m^3]}{100} + \frac{1}{100} + \frac{1}{100}$$

with:

u<sub>80</sub>: sorption capacity of the fibre insulation at 80 % RH

b: influence of the interface material type acc. table

c: influence of inclination acc. table

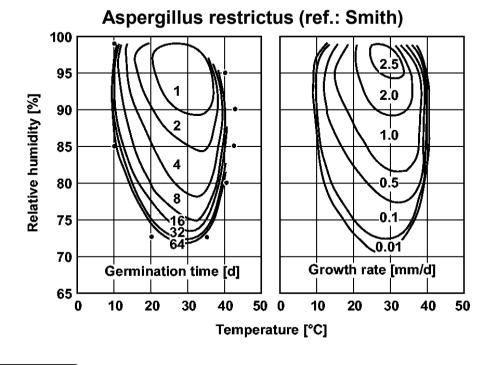
Interface type	b [g/m²]
Unknown	0
Hydrophilic smooth or hydrophobic fine structured	50
Coarse structured	100

Inclination (α)	c [g/m²]
α ≤ 5°	250
5° < α ≤ 10°	200
10° < α ≤ 15°	50
<b>15° &lt; α ≤ 90°</b>	0









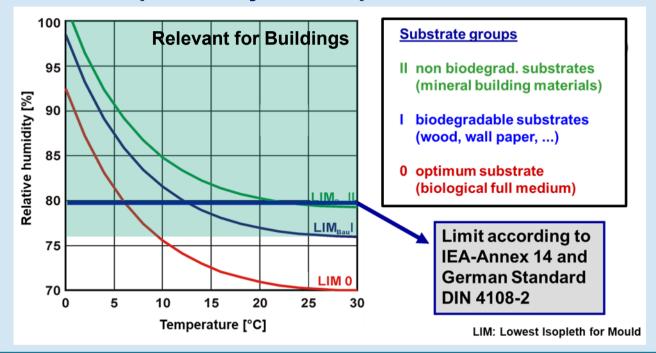
German Standard 4108-3 changed in 2001 from **condensation to mold prevention** and increased R-value for walls from 0.55 to 1.2 m<sup>2</sup>K/W

Mould can start to grow at 75% RH at 25°C and at 80% RH around 10 °C

#### Level 1: Steady state limit (only moisture)

80 % RH at temperatures > 12,6 C - deals with winter mould growth.

#### Level 2: Dependency on temperature and substrate quality (limit curves)



More accurate for summer and winter!

No time influence - short-term loads can lead to failure in theory, while harmless in practice

# Level 3 Transient models WUFI FinMould / Bio

# Include time effects and come very close to reality – application requires knowledge and experience

FinMould / Viitanen

**Mathematical / Empirical Model** 

Result: Mould growth prediction as Mould Index MI with intuitive scale



Mould Index 1

starting growth, visible only by microscope



Mould Index 4-5

Growth visible also to the naked eye (here microscope) covering 10-50 % of the surface

#### Mould Index MI

- 0 = no growth
- 1 = some growth (microscopy)
- 2 = moderate growth (microscopy) (coverage > 10 %)
- 3 = some growth (visually detected)
- 4 = visual coverage > 10 %
- 5 = coverage > 50 %
- 6 = tight coverage 100 %

# Calculation of the moisture content in a model spore and comparison to empirical limit conditions which allow germination and growth of mould. model spore spore interior (moisture retention curve) inside Model spore properties water retention Water retention Vapor permeability

Simple input and evaluation schemes are necessary to enable safe application in practice! Both models originally evaluated for interior surfaces!



Relative humidity [%]

#### **Transient models – Evaluation Schemes**

#### WTA Guideline 6-3 (2024) Evaluation with Mould Index (MI)

	Exposure situation					
	Interior surface / direct contact to the indoor air	Outside airtightness layer/ no direct contact to the indoor air	Contact with users / inhabitants excluded			
000	Evaluation Period too short (< 1 year)  ⇒ Evaluation not possible or not meaningful					
	MI < 1: no or just starting invi- sible growth acceptable in indoor spaces (plants)	MI < 2 : no or only invisible growth, recognizable only by microscope	MI < 3: growth starts to become just visible to the naked eye			
	1 ≤ MI < 2: invisible growth, recognizable only by microscope	2 ≤ MI < 3: growth starts to become visible to the naked eye	MI ≥ 3: growth is visible to the naked eye and starts covering the surface			
	MI ≥ 2: growth starts to become just visible to the naked eye	MI ≥ 3: growth is visible to the naked eye and starts covering the surface	Individual evaluation – currently not defined  © Fraunhofer IBP			

ASHRAE 160: generally OK if MI < 3



Wood and wood fibre material must be protected from high moisture contents! But - what is adequately?

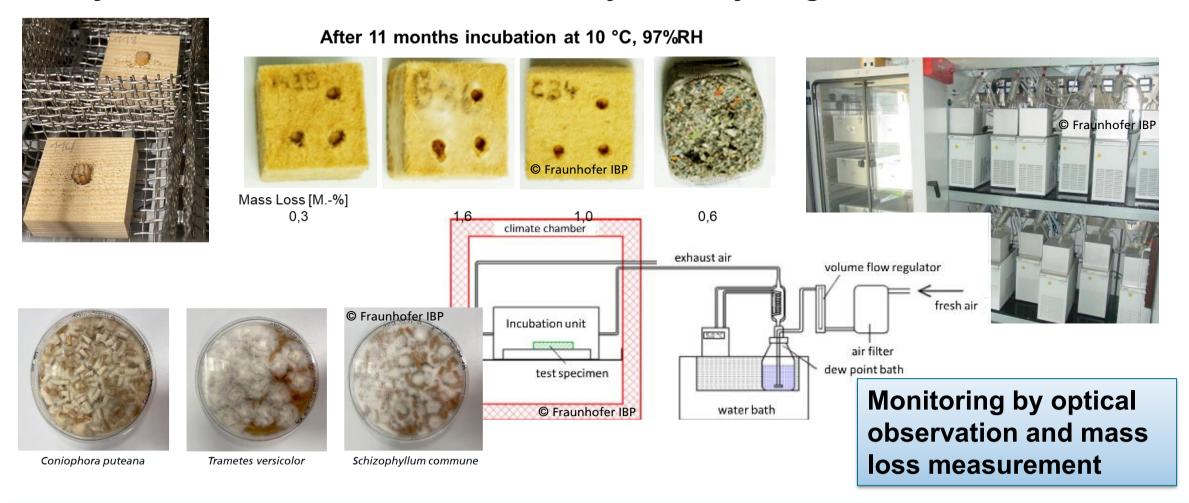
In real live, moisture cannot completely and always be avoided in building components

- moisture ingress during construction
- moisture peaks in winter on the cold side of the insulation
- Air and rainwater leakages

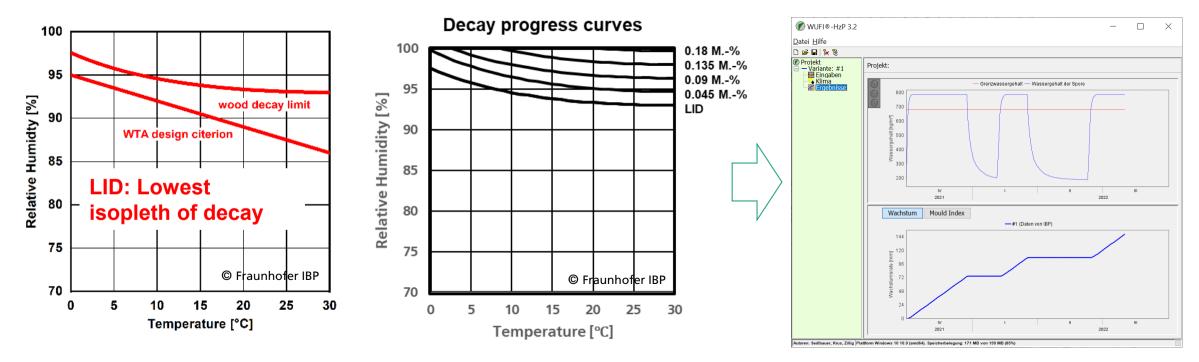
How can such moisture impact be reliably evaluated to avoid both unnecessary measures on the one hand and damages on the other!



#### Decay model based on lab tests on activity of decay fungi



#### Implementation into a decay prediction postprocessor



Initiation phase based on investigations from Viitanen<sup>1</sup> / new results fit well with this approach

<sup>1</sup>Viitanen, H. (1997). Modelling the time factor in the development of brown rot decay in pine and spruce sapwood: The effect of critical humidity and temperature conditions. *Holzforschung*, *51*(2), 99-106 https://doi.org/10.1515/hfsg.1997.51.2.99

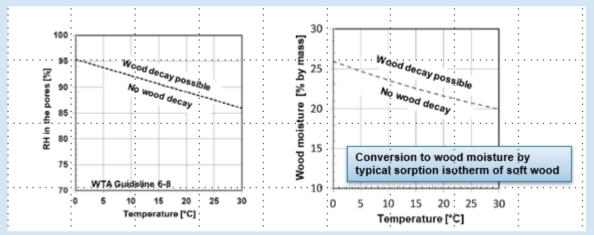
Result: Wood decay in % by mass (relative) or in grams (absolute) can be predicted over time

#### Level 1: General moisture limit

Only moisture: mostly used limit value is 20 % by mass for solid wood as explicit decay-risk threshold (e.g. ASTM D245 1920, DIN 68800 1956, EN 335)

Well established for standard design purposes. Ensures particularly high safety reserves

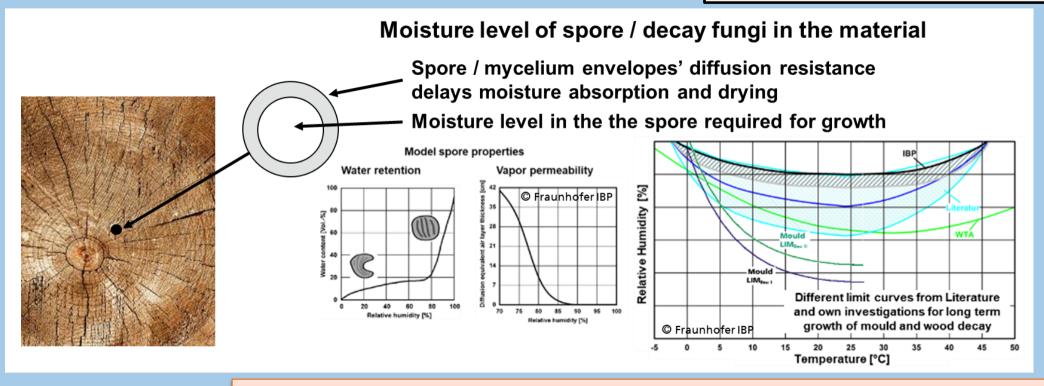
Level 2: Moisture and Temperature: limit curve RH over Temperature for solid wood according to WTA Guideline 6-8 (wooden constructions)



Proven effective and safe for 10 years - represents a good alternative

#### Level 3: Transient prediction model WUFI Decay

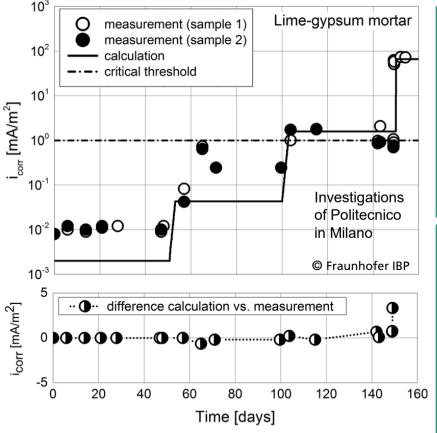
Include time effects and come very close to reality

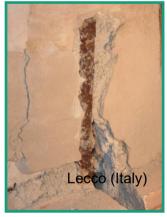


Currently for solid wood and material that are at least as resistant. Resistivity classification for natural / wooden materials desirable!

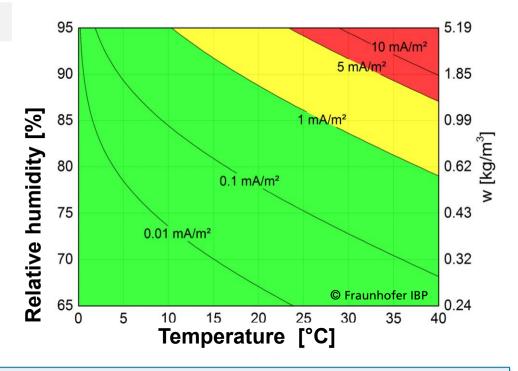
#### Measurements and model in heritage materials

Corrosion rates of steal in mortar as function of temp. & RH





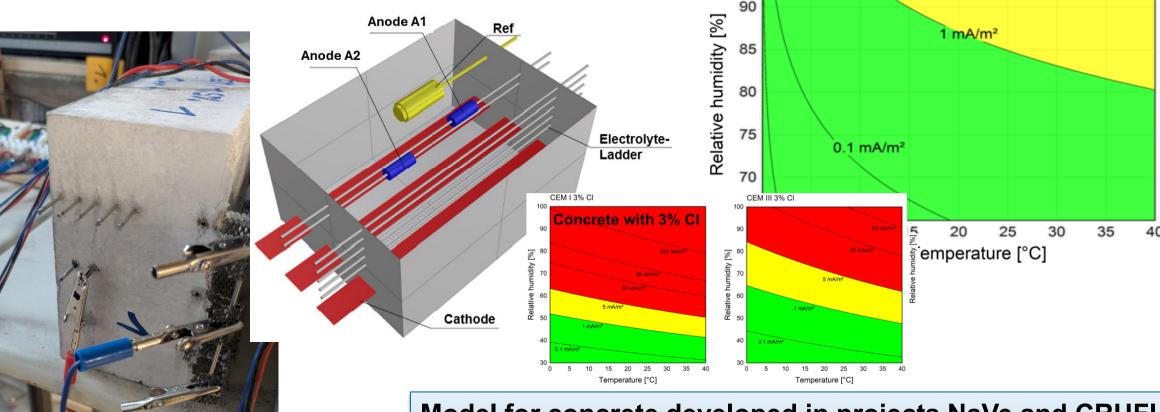




First model was developed together with Polytecnico di Milano for corrosion in heritage buildings / materials

#### **Carbonated Concrete**

#### Measurements and model in concrete

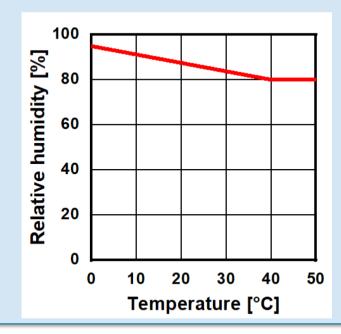


Model for concrete developed in projects NaVe and CRUFI (last together with Munich University for Applied Sciences – ongoing research for Concretes with chlorides)

#### Level 1: General RH limit acc. to ISO 13788

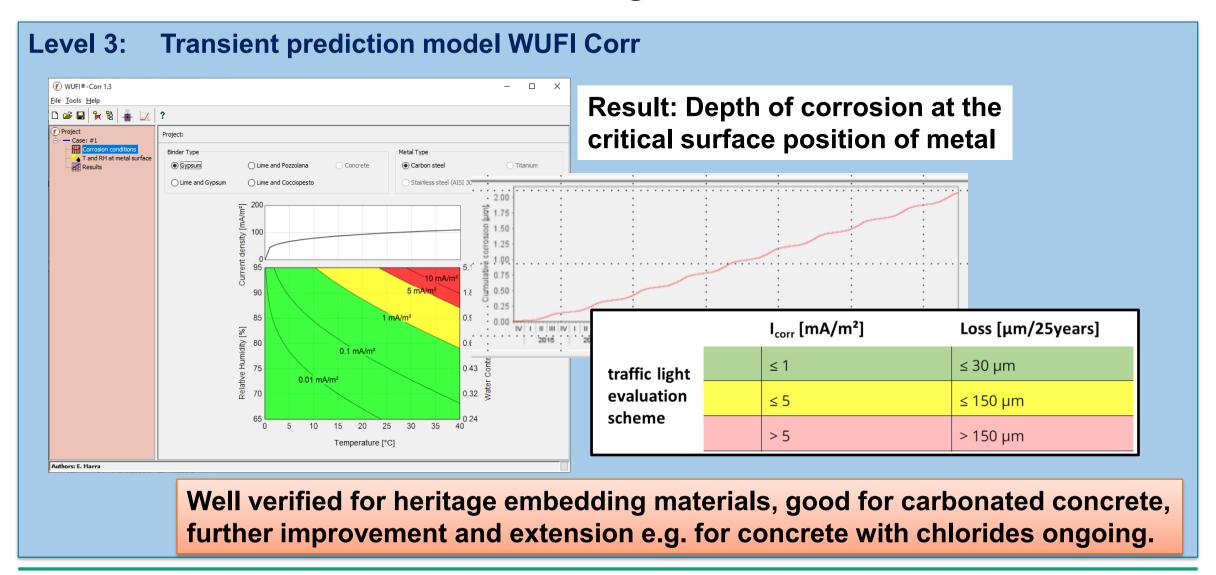
- < 80% RH for carbonated concrete
- < 60% RH for non-cementitious embedding materials

#### Level 2: Temperatur and RH according to NaVe project



$$f(\vartheta) = \begin{cases} -0.375\vartheta + 95, & 0^{\circ}C < \vartheta < 40^{\circ}C \\ 80 & \vartheta \ge 40^{\circ}C \end{cases} [\%]$$

80 % RH only relevant at high temperatures. Below 40 °C The RH can rise up to 95 % at 0 °C



# **Summary - How to reduce the damages?**

Adequate protection against humidification

Moisture protection in times of energy savings requires:

Adequate vapor retarders

Prefer dry materials for construction

Vapor permeable WRB

Moderate or variable VR (if tight outside)

Avoid bright exterior surfaces

Rule: As vapor retarding as necessary and as vapor permeable as possible.

# **Summary - Better ways into practice?**

High damage costs require higher effort for hygrothermal design of reliable and robust constructions. Early consideration of moisture reduces risks and costs!

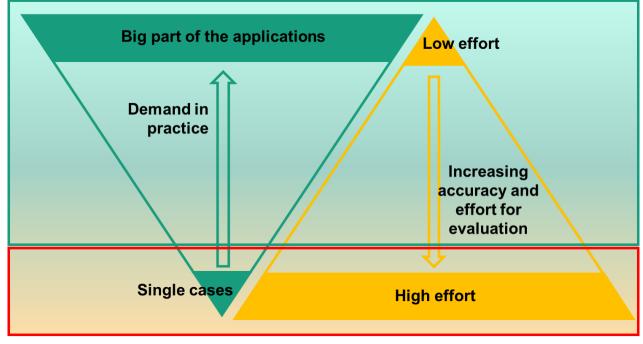
- Well-established constructions in standards and guidelines!
- Clear modeling and evaluation proceedings for practitioners!
- Harmonization of criteria instead of national evaluation of physical results!
- More intern. collaboration helps to create consistent standards and practice guidelines.

Normal designers should be enabled to perform and evaluate hygrothermal simulation results on a basis level.

They need to decide whether the design is OK (≥ 90 % of the cases) or whether more experienced planners need to be involved (< 10 %)

#### **Perspective**

# **Further simplification**



**Further refining** 

We need to do both!

Moisture evaluation is still a niche topic - the damages are not!!

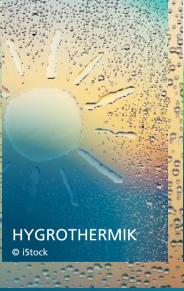
Good simplification often more challenging than refinement!

And: reaches broader practice!













Finnish Building Physics Conference, Tampere October 2025

Thank for your Attention!

Daniel Zirkelbach

#### Addendum

#### Total water content, and water content in single layers:

In dynamic equilibrium status or decreasing normally not permanently increasing (exception, if unproblematic over whole service live)

#### Mold growth on interior surfaces:

Level 1: < 80 % RH

Level 2: < material specific LIM curve

Level 3: transient evaluation with WUFI® FinMould or WUFI® Bio

#### Moisture content in wood or natural materials/insulations:

Level 1: < 20 % by mass (solid wood) bzw. 18 % by mass (load bearing wooden materials), whole layer

Level 2: limit curve acc. to WTA-6-8 (solid wood), critical 10 mm area

Level 3: transient evaluation WUFI® Decay (available soon)

#### Corrosion of metal elements in mineral embedding materials:

Level 1: < 80 % r.F.

Level 2: limit curve according to project NaVe between < 95 % RH > 0 °C and < 80 % TH at ≥ 40 °C

Level 3: transient evaluation with WUFI® Corr

#### Addendum

#### Impact of moisture content on thermal performance

All building materials: U values are normally related to the equilibrium moisture content of the materials at 80 % RH (critical in-situ moisture level). In case of higher moisture contents, especially in the heating period, a correction may be necessary. This can be done for example by the help of the postprocessor "Transient U value".

Moisture resistant insulation materials: Moisture contents up to approx. 2 % by volume or 20 kg/m³ are normally unproblematic and already considered by the declared λ value of the product. Higher moisture levels should be avoided or the influence on the λ value should be considered adequately.

Natural fibre or moisture sensitive insulation materials need to remain below the resp. limit values to avoid degradation / decay of the materials. These limits are mostly below the ones relevant for an increase of the thermal conductivity and thus the decisive ones.

#### Condensation inside the construction (on interfaces or in fibre insulations)

smooth hydrophobic boundary layer material: < 50 g/m<sup>2</sup>

without insulation fine structured hydrophobic or hydrophilic boundary layer material: < 100 g/m<sup>2</sup>

coarse structured hydrophobic boundary layer material < 150 g/m<sup>2</sup>

With fibre insulation in direct contact with the boundary layer, the limits can be increased by at least 50 g/m<sup>2</sup>.

#### Dew water on exterior or interior surfaces

On water impermeable surfaces, the condensation should be limited to 50 g/m² to avoid water runoff! However, to prevent mould / algae growth, lower limits must be kept on average (see mould growth).

#### Addendum

#### Frost risk / interior insulated walls

High moisture content at temperatures below 0 °C poses a risk of frost damage. In areas where such conditions occur, frost-resistant materials (exterior plasters, frost-resistant facing bricks, etc.) should normally be used.

WTA-6-4 specifies that for non-frost-resistant materials that may be exposed to frost conditions after interior insulation has been installed, a moisture content of 30 % (related to the maximum water content) may only be exceeded if the air in the pores remains below 95 % RH. Under these conditions, even non-resistant materials will not suffer frost damage.

Wood or gypsum-containing materials should not be used or remain in areas, where the humidity levels in exceeds 95% RH for long periods of time.

#### **Moisture content in Masonry**

The U-value is based on the thermal conductivity at 80% relative humidity in the pore air of the materials. If this value is exceeded on average over a longer period of time, the thermal insulation properties would need to be corrected. However, high moisture content not only increases thermal conductivity but also results in additional heat losses through evaporative cooling. It also increases the risk of algae and fungal growth.

It is therefore a good idea to avoid long term moisture contents above 90% RH in the pores of the materials as far as possible, e.g., by improving the rainwater protection level.



More Information: www.wufi.com

Literature: <a href="https://wufi.de/en/literature">https://wufi.de/en/literature</a>

Postprocessors: <a href="https://wufi.de/en/software/wufi-add-ons">https://wufi.de/en/software/wufi-add-ons</a>

Guidelines: <a href="https://wufi.de/en/service/downloads">https://wufi.de/en/service/downloads</a>