



The  
University  
Of  
Sheffield.

The background of the slide features a dynamic, abstract pattern of swirling, glowing orange and yellow light against a dark, almost black, background. The light forms complex, organic shapes that resemble smoke or perhaps the orbits of celestial bodies.

Fionn Stevenson

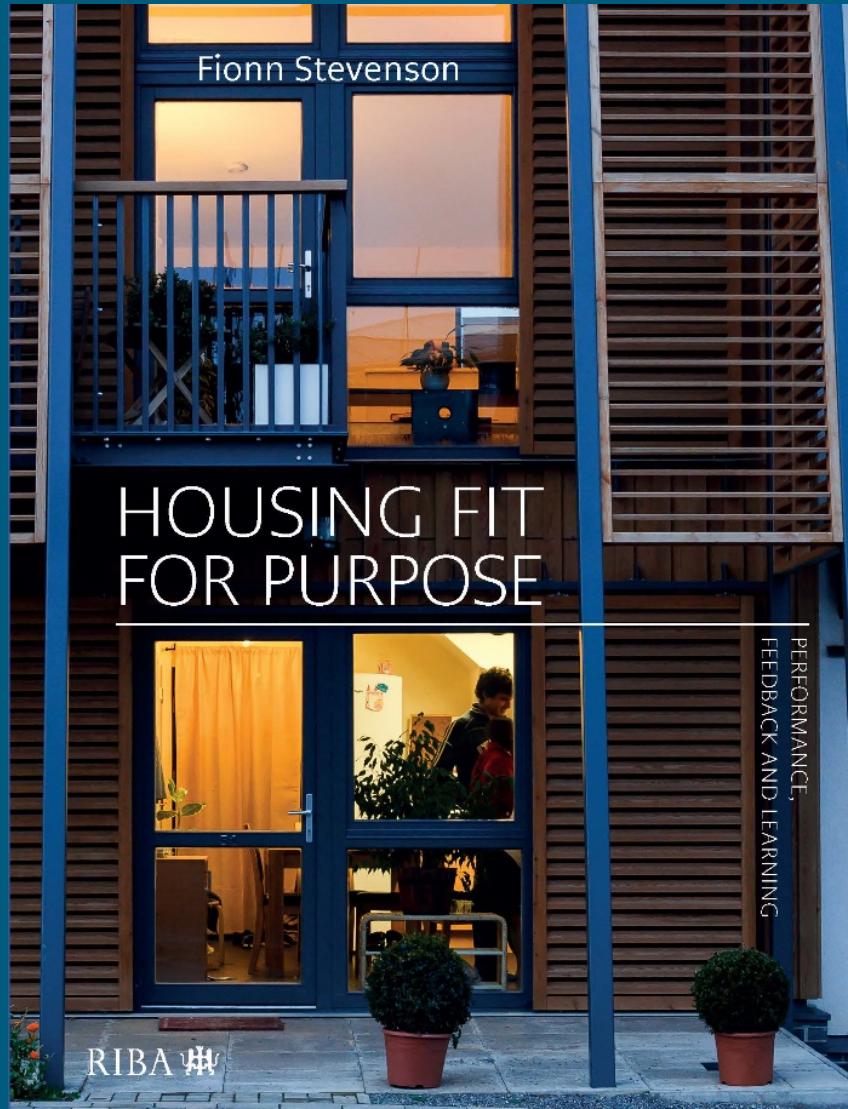
# Carbon illusions: resources and reality

A WORLD  
**TOP 100**  
UNIVERSITY

**SSoA**

# Who am I ?

- Professor of Sustainable Design at The University of Sheffield
- Architect/academic/consultant for 35 years
- Deputy Chairperson of British Standards Committee BS40101 Building Performance Evaluation
- Founder member and former chairperson of Scottish Ecological Design Association
- Campaign Director for Building Performance Network UK





# What this talk will cover

- Climate change and buildings
- 'Meeting' standards in construction
- Modelling v reality
- Feedback for improvement
- Resource use contraction
- Education and training



CLIMATE CHANGES EVERYTHING



Around 36% of all EU carbon emissions come from the built environment...





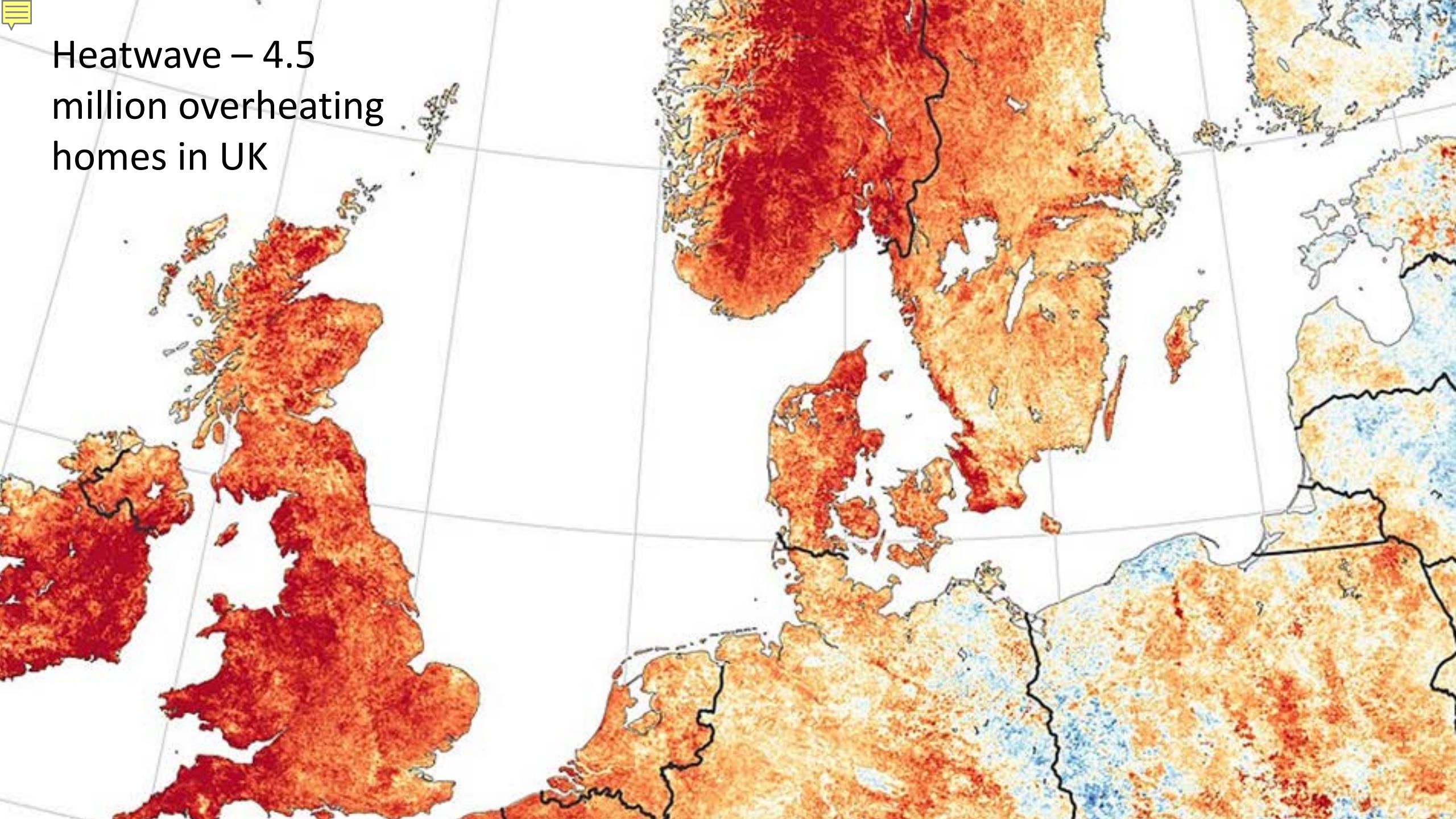


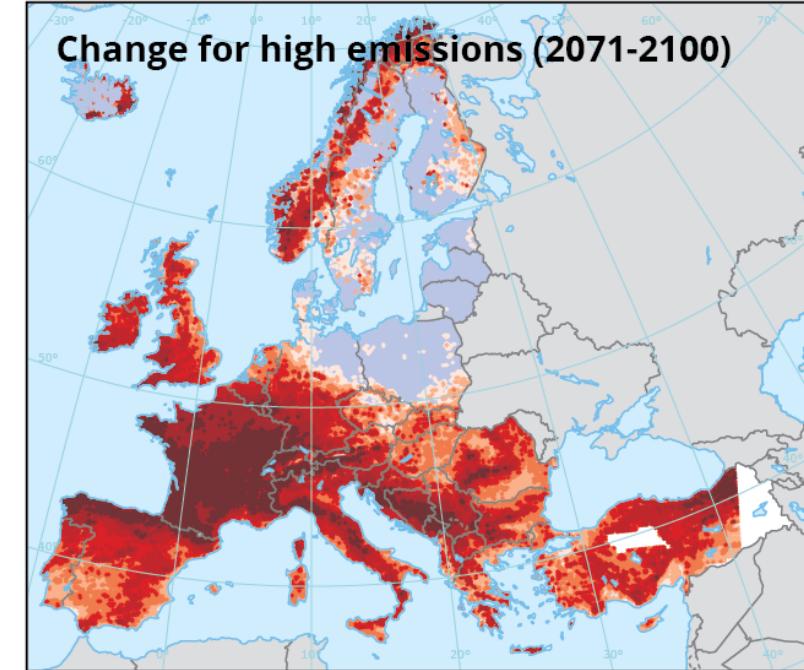
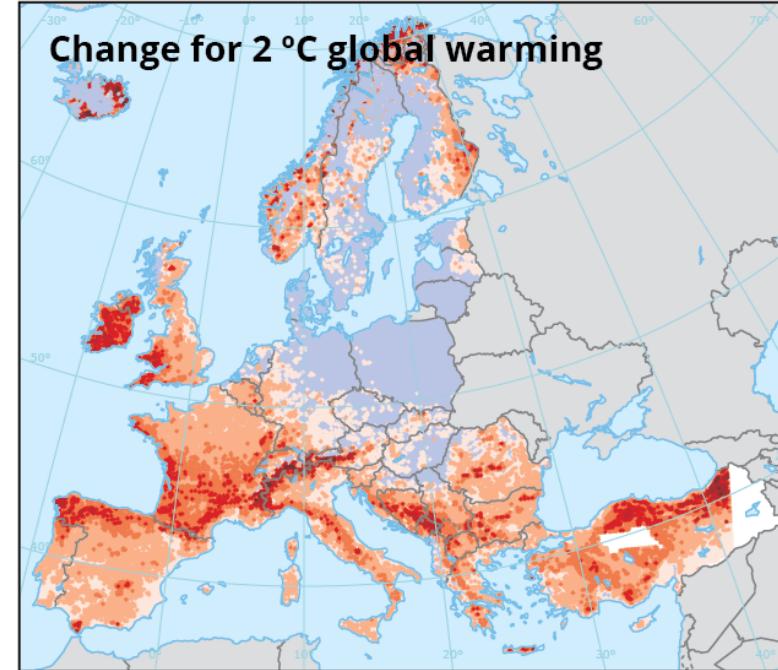
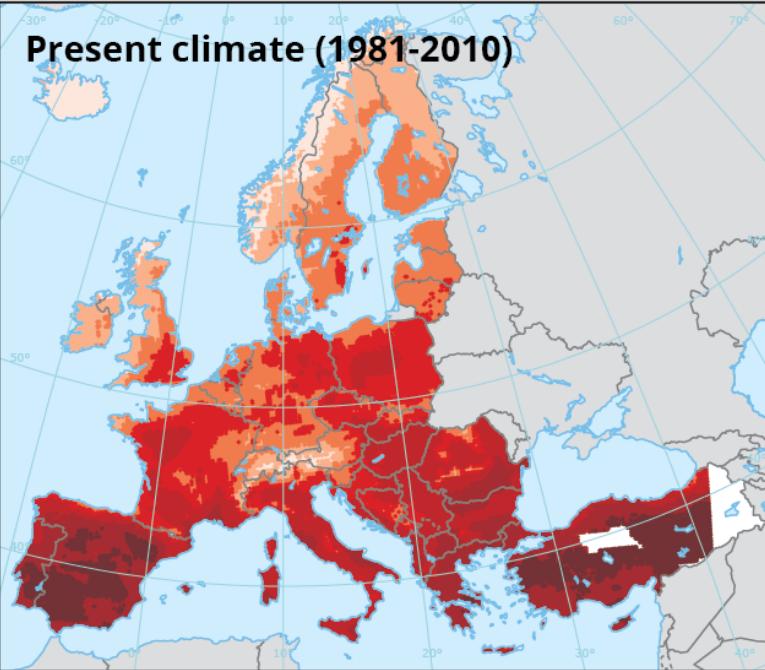






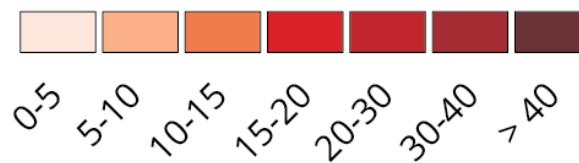
Heatwave – 4.5 million overheating homes in UK



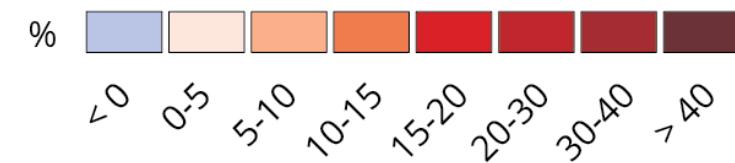


### Overall weather-driven forest fire danger in the present climate and projected changes under two climate change scenarios

Fire Weather Index



Projected change in Fire Weather Index



No data

Outside coverage

0 750 1 500 km



# The impact of climate change on buildings

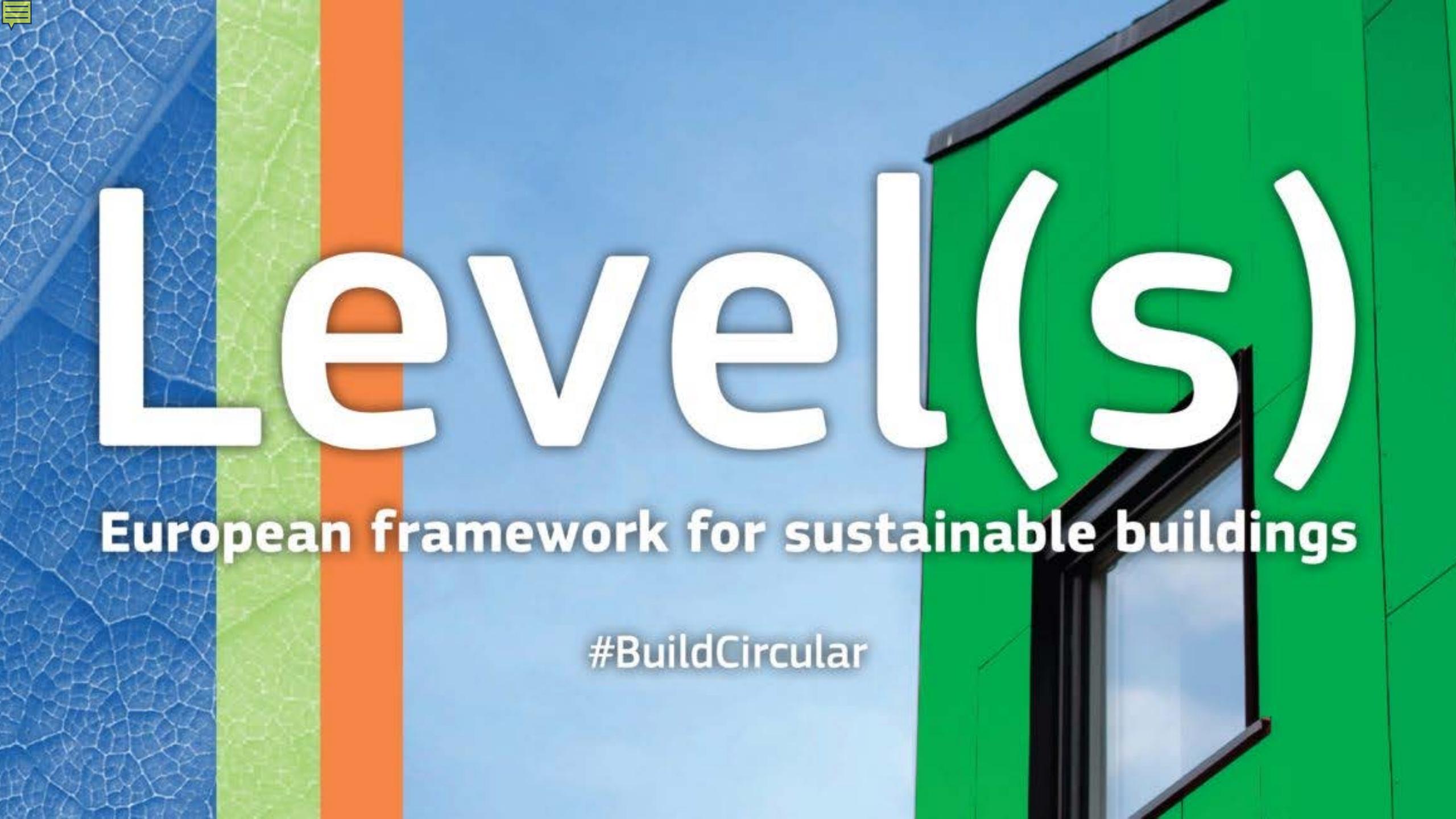
- Extreme storm, fire and flood damage
- Extreme temperatures and swings
- Overheating internally
- Extreme snowfall
- Increase in mould inside
- Increased fabric destruction over time







# CARBON STANDARDS FOR BUILDINGS



# Level(s)

**European framework for sustainable buildings**

#BuildCircular

# What does 'Level(s)' do?

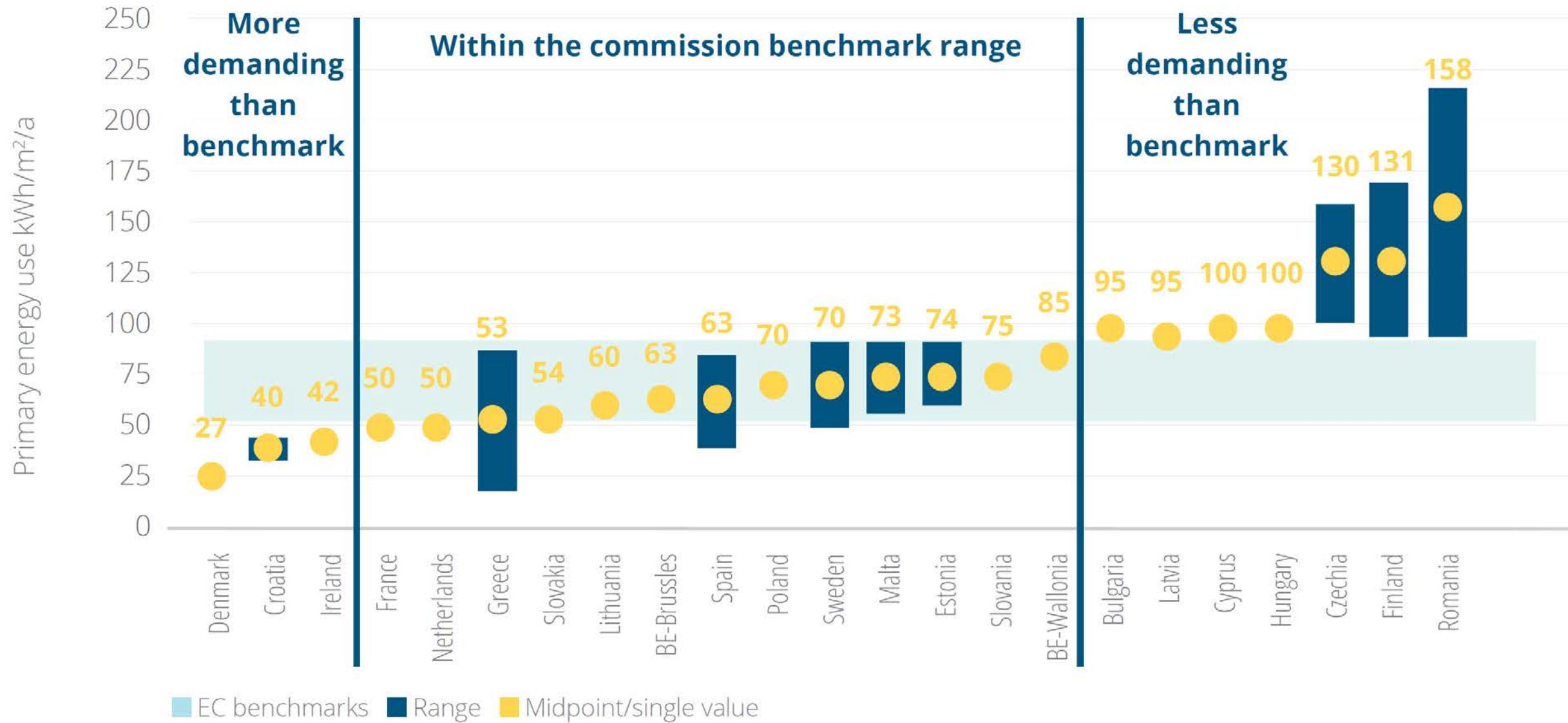
- Level(s) is a European framework to assess and monitor the sustainability performance of buildings
- Launched in 2020
- Aims to harmonise national certification schemes and standards
- Carbon, materials, water, health, comfort and climate change impacts

# Where are we at with national standards?

- Since January 2021, all new buildings in EU must be nearly zero-energy buildings (EU Energy Performance of Buildings Directive)
- Wide range of national building standards in EU
- Few are fully conforming to EU Directive



# EU variation in energy use per home





Country/Region	Was nZEB legislation in place for public buildings by January 2019?	Was nZEB legislation in place for all buildings by January 2021?	Is there a numerical indicator of primary energy use expressed in kWh/m <sup>2</sup> per year?	Are renewable energy requirements clearly specified?
Austria	✓	✓	✗	✓
BE - Brussels	✓	✓	✓	✗
BE - Flanders	✓	✓	✗	✓
BE - Wallonia	✓	✓	✓	✗
Bulgaria	✗	✗	✓	✓
Croatia	✓	✓	✓	✓
Cyprus	✓	✓	✓	✗
Czechia	✓	✓	✓	✗
Denmark	✓	✓	✓	✓
Estonia	✓	✓	✓	✗
Finland	✓	✓	✓	✗

# New approach to regulation needed

Carbon metrics – **internationally defined**

Delivery – harmonise zero carbon instruments

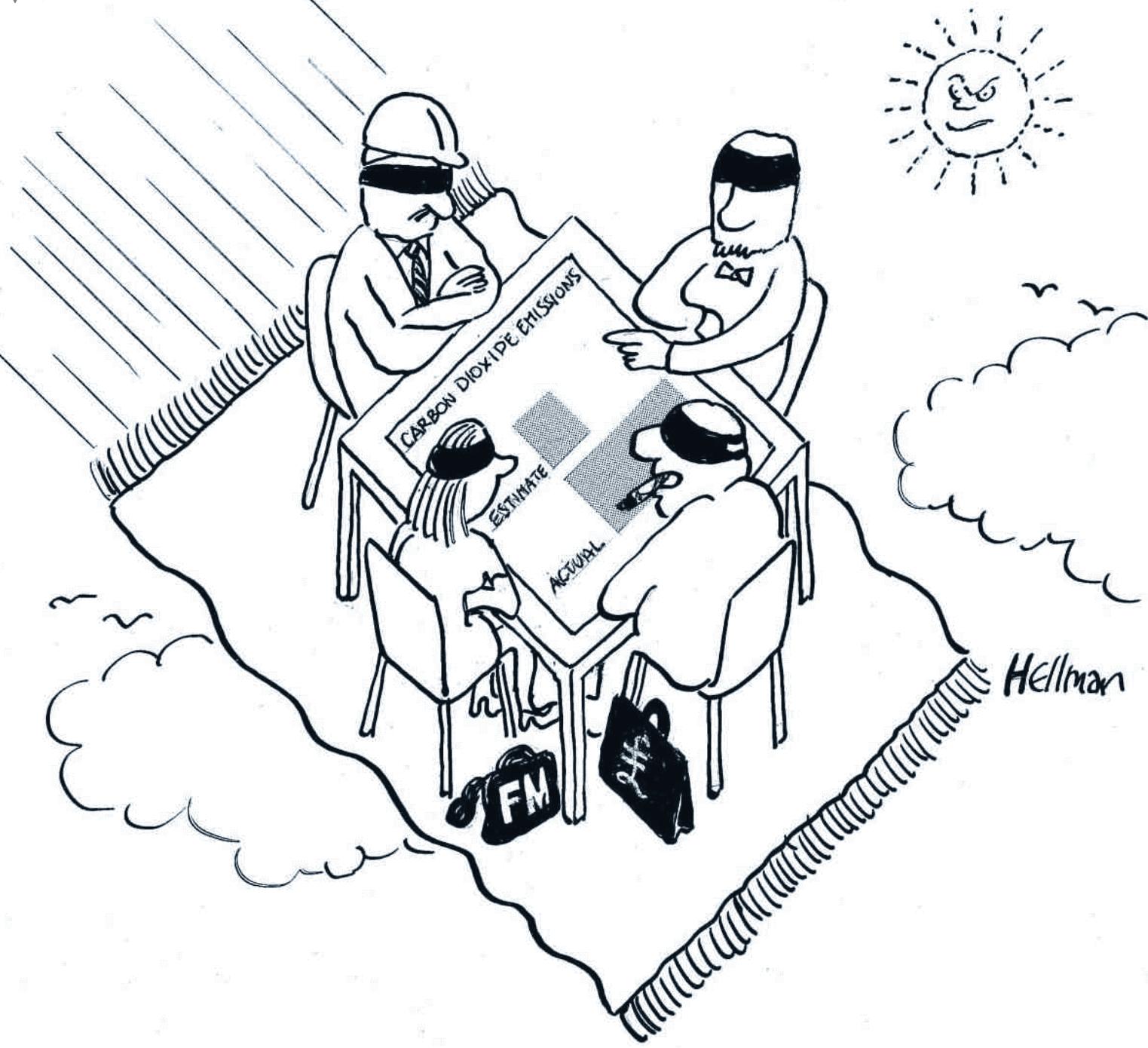
Whole life emissions – **transparent and absolute** reporting

Performance guarantees - mandatory

Retrofit – mandatory with fiscal incentives

Enforcement – random, independent inspections

# THE ILLUSION OF MEETING STANDARDS



# The game...

- Model the performance
- Make cuts to the design
- Build the building
- Don't measure reality

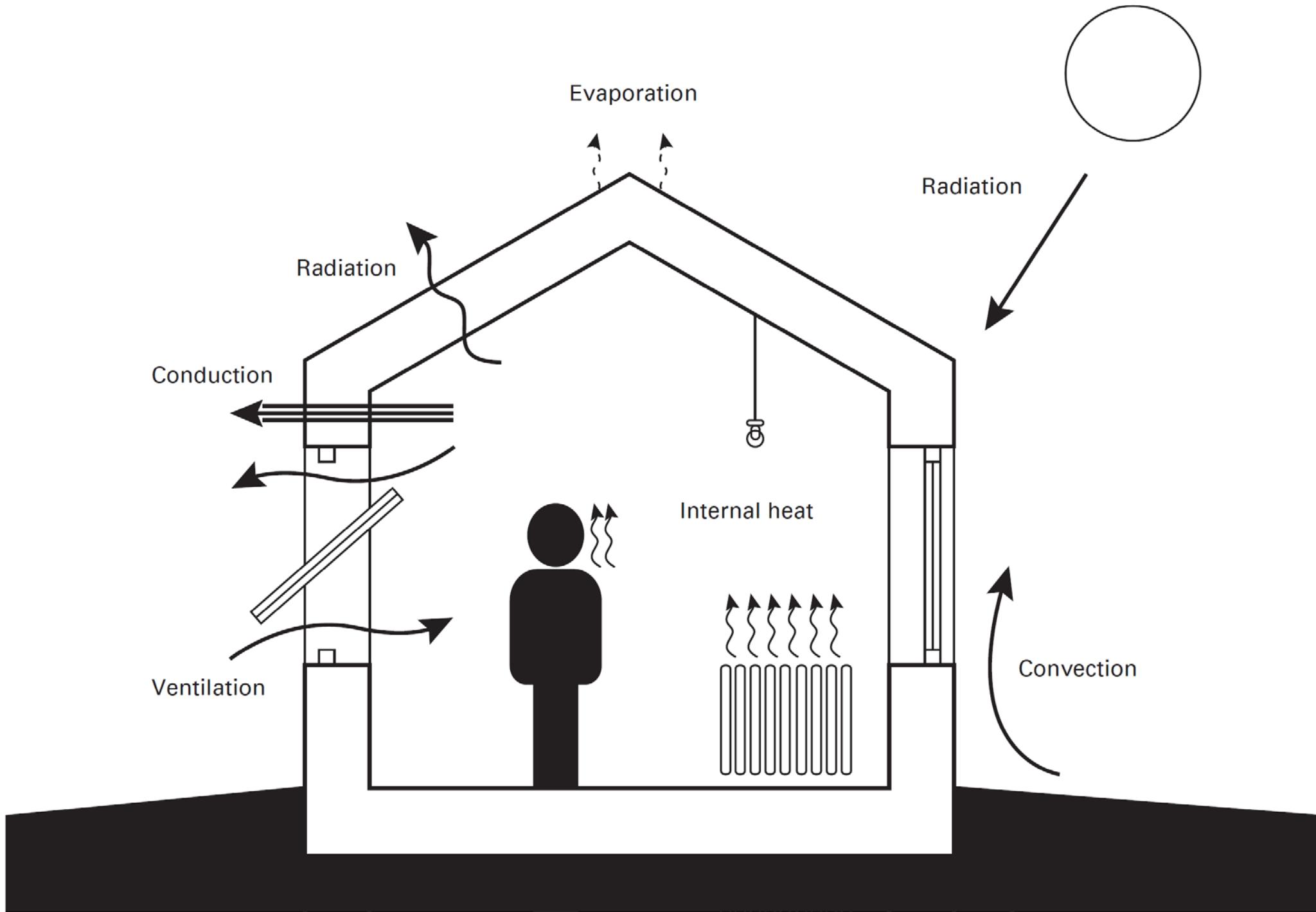
# Why are EU building standards not met?

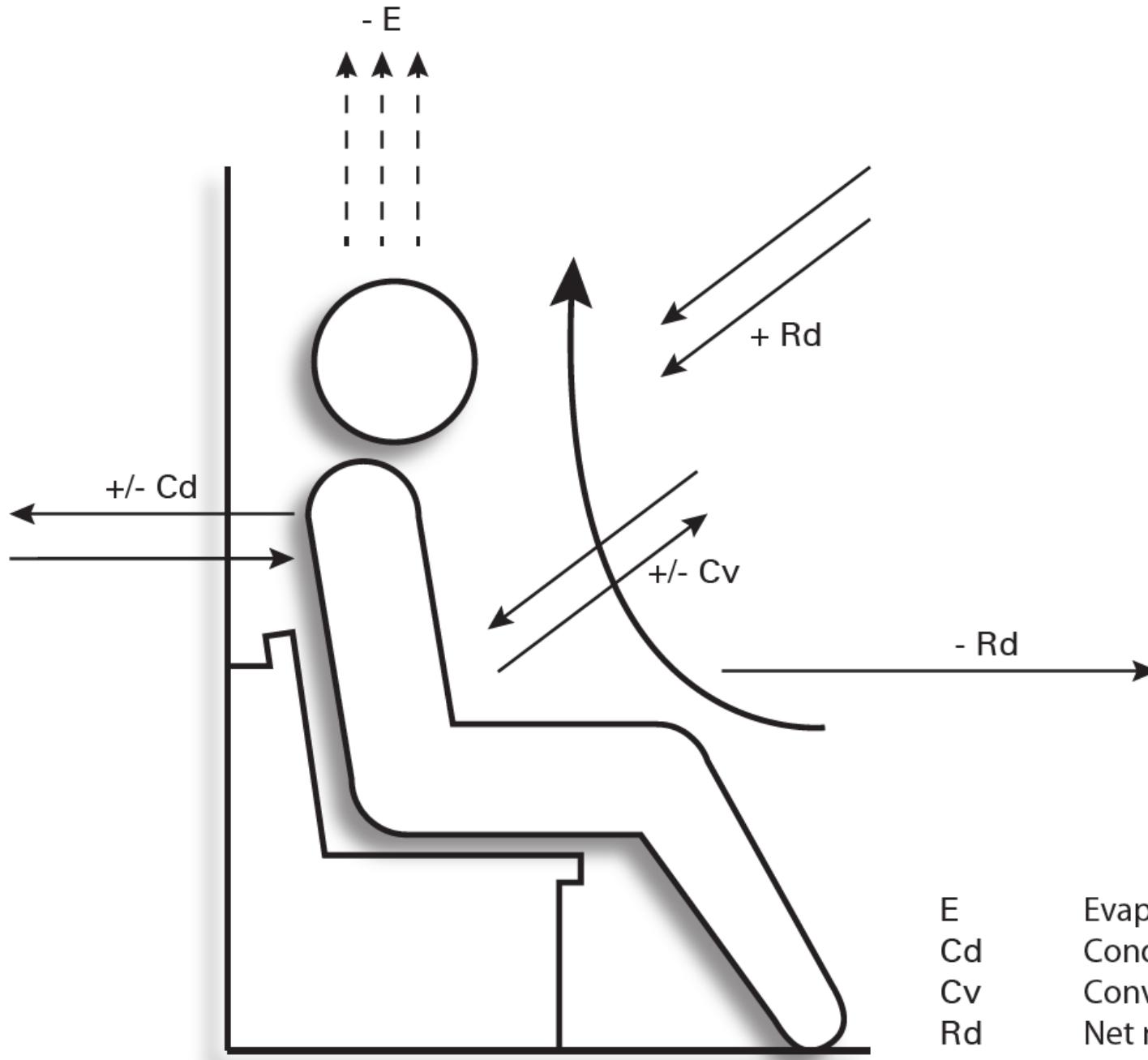
- No regulatory requirement to prove the performance of a building in use
- Extensive political lobbying against changes in standards to do this

## RESULT?

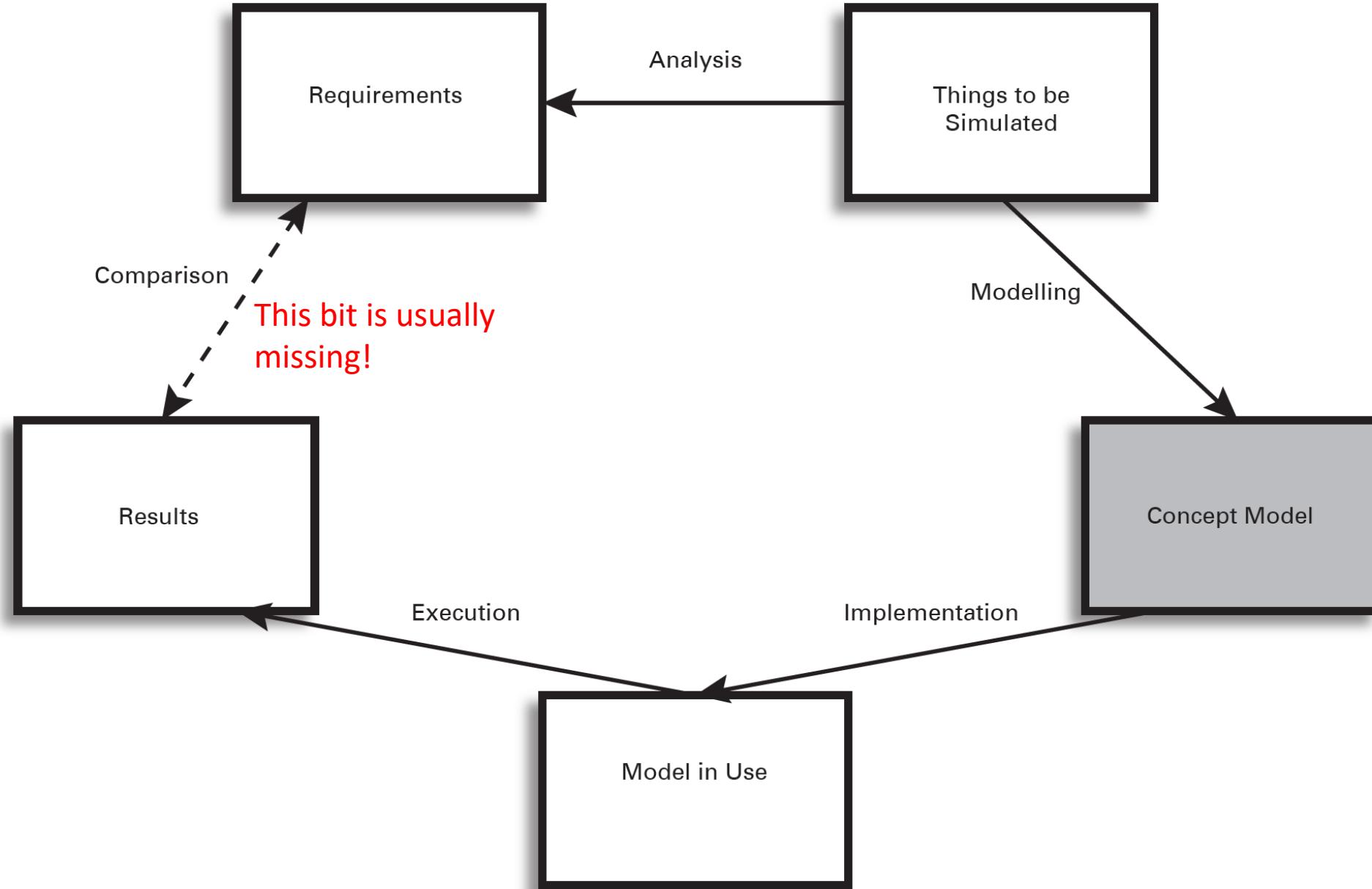
- In the UK, new buildings routinely use x2 or x3 energy predicted
- Other countries may be better or worse – but the problem is there.

MODELLING IN THEORY / PERFORMANCE IN REALITY





E	Evaporation
Cd	Conduction
Cv	Convection (including respiration)
Rd	Net radiation exchange



# The dream design and simulation

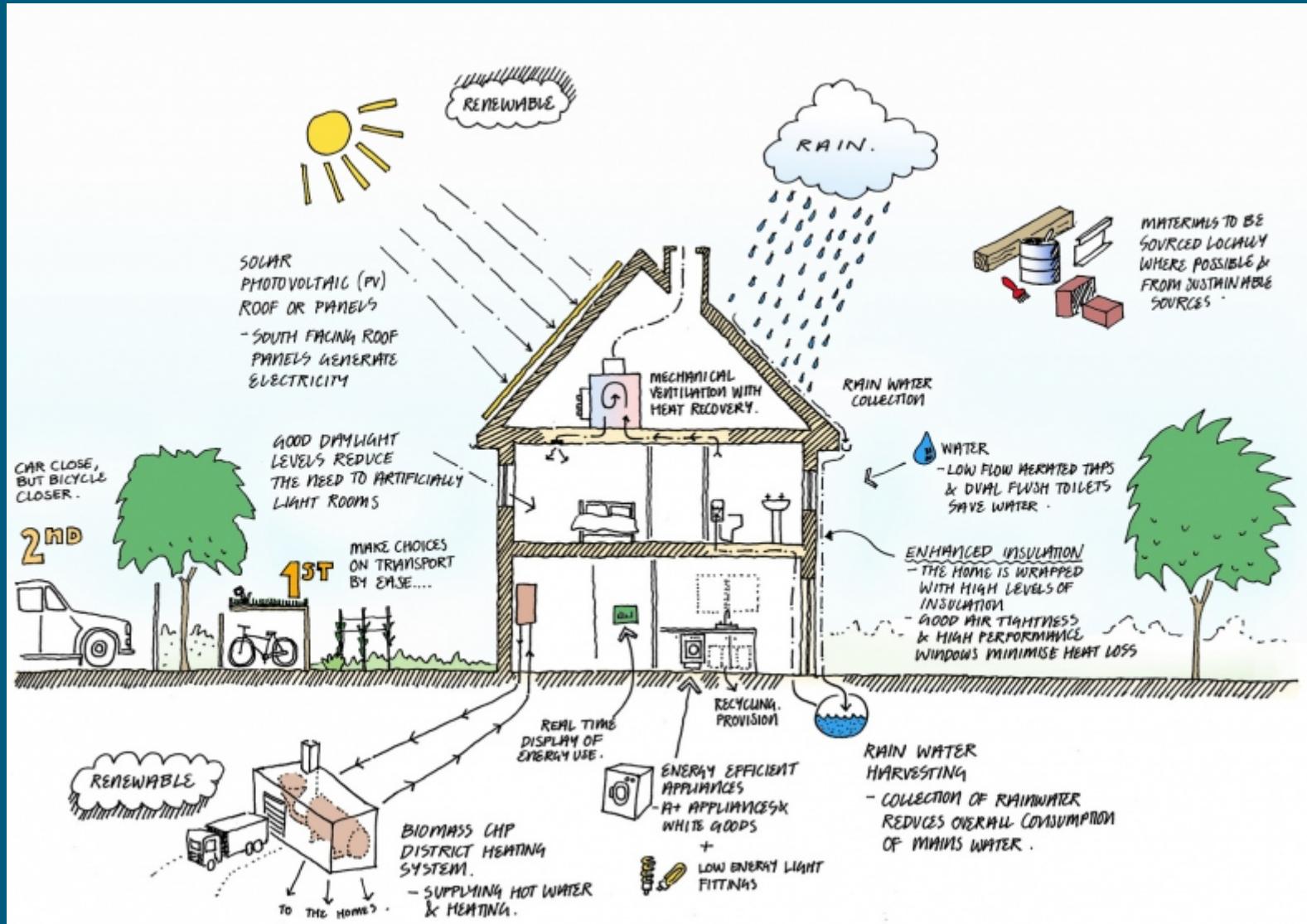


Image: Farrell's Architects



... the reality





Our homes are under-performing – why?



FEEDBACK FOR IMPROVEMENT

# Key questions for evaluating buildings in use

1. Is the building physically performing as expected?
2. Are the inhabitants happy in it?
3. Are there any problems that need solving just now?
4. How can we improve our buildings for the future?





# Key parameters for building performance

1. Design intentions compared to reality – any specification/construction changes? why?
2. ‘Hard’ data – physical comfort factors, pollution levels, fabric performance, energy use, water use.
3. ‘Soft’ data – perceived human needs and capacities, comfort, control, learning, satisfaction.
4. Compare all data to revise design of future buildings- and future-proofing for climate change.

...these need building in from the feasibility stage –not an after thought

# ‘Light touch’ building performance evaluation

1. Document review - key design, construction and specification documents related to the project intentions
2. Basic energy and water use audit – measure in kWh/m<sub>2</sub>/pa and litres/home/pa
3. Thermographic survey –inside and out
4. Simple survey of the occupants – use questionnaire
5. Short tour - with design team, contractor and inhabitants
6. Spot-check - environmental conditions – heat, light, sound, humidity



Thermographic  
survey...

...in-use evaluation  
is crucial to validate  
design and  
simulations !

Light  
touch–  
mobile spot  
testing  
equipment





# Drill down, don't bean-count...

1. Light touch BPE first – cheap, quick and effective. If the building is performing as expected – STOP HERE!



2. Diagnostic BPE next – more intensive POE methods



3. Investigative BPE –for the most stubborn and emergent problems, or for epidemiological data – very intensive, lots of equipment!

...look for exceptions – don't monitor the routine.

# Organisational learning feedback 'smile'...

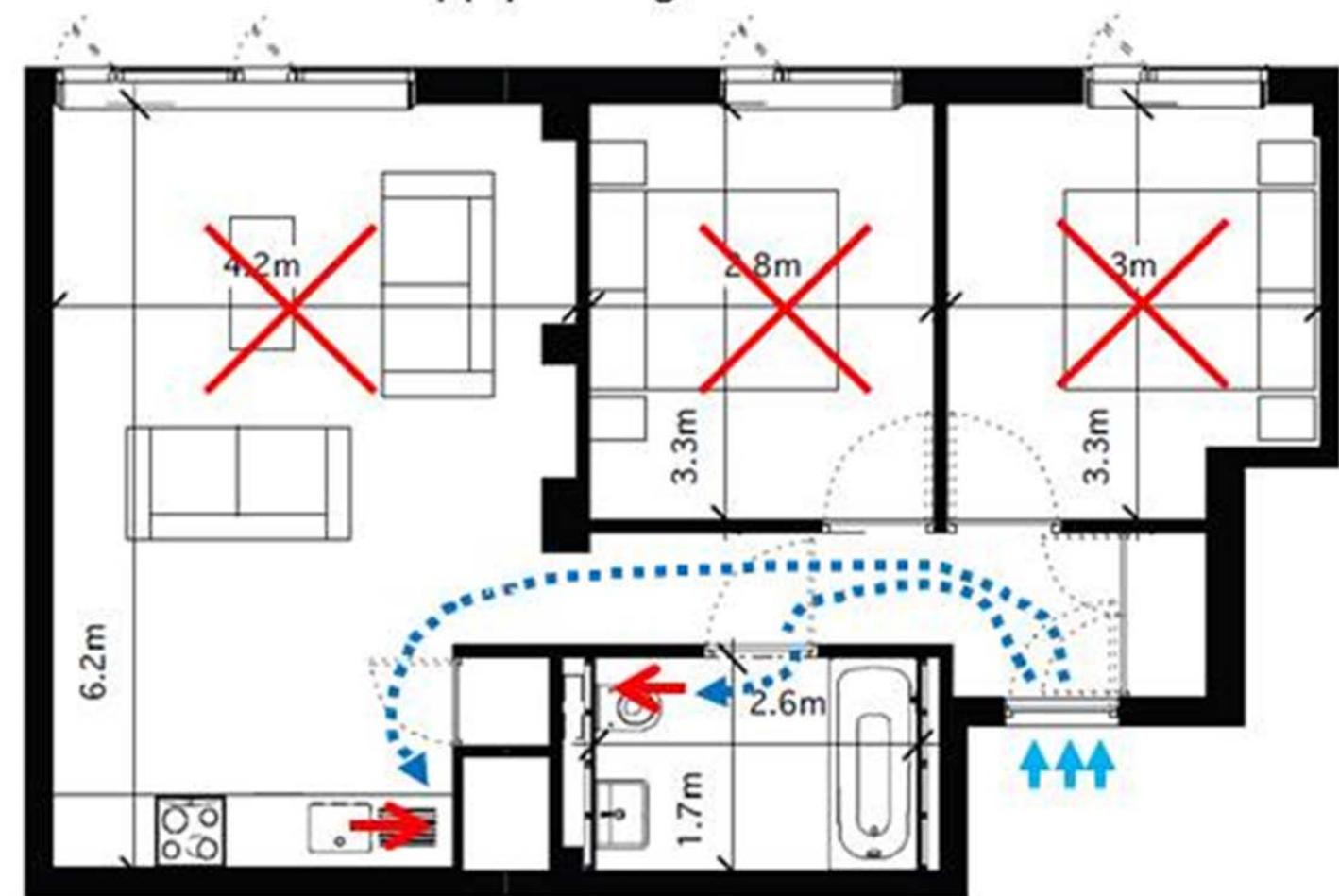


# Apartments

- Leeds, UK
- Single aspect
- Retrofitted in 2012
- BPE from 2013-14



## Saxton MEV - air supply through entrance door undercut



Model of air movement from supply to extract point

MEV air extract point

Air supply through door undercut

Air supply through trickle vents in windows

No or little air exchange – so called 'dead zone'

## Initial findings..

Occupants perceptions included:

Overheating

Poor air quality

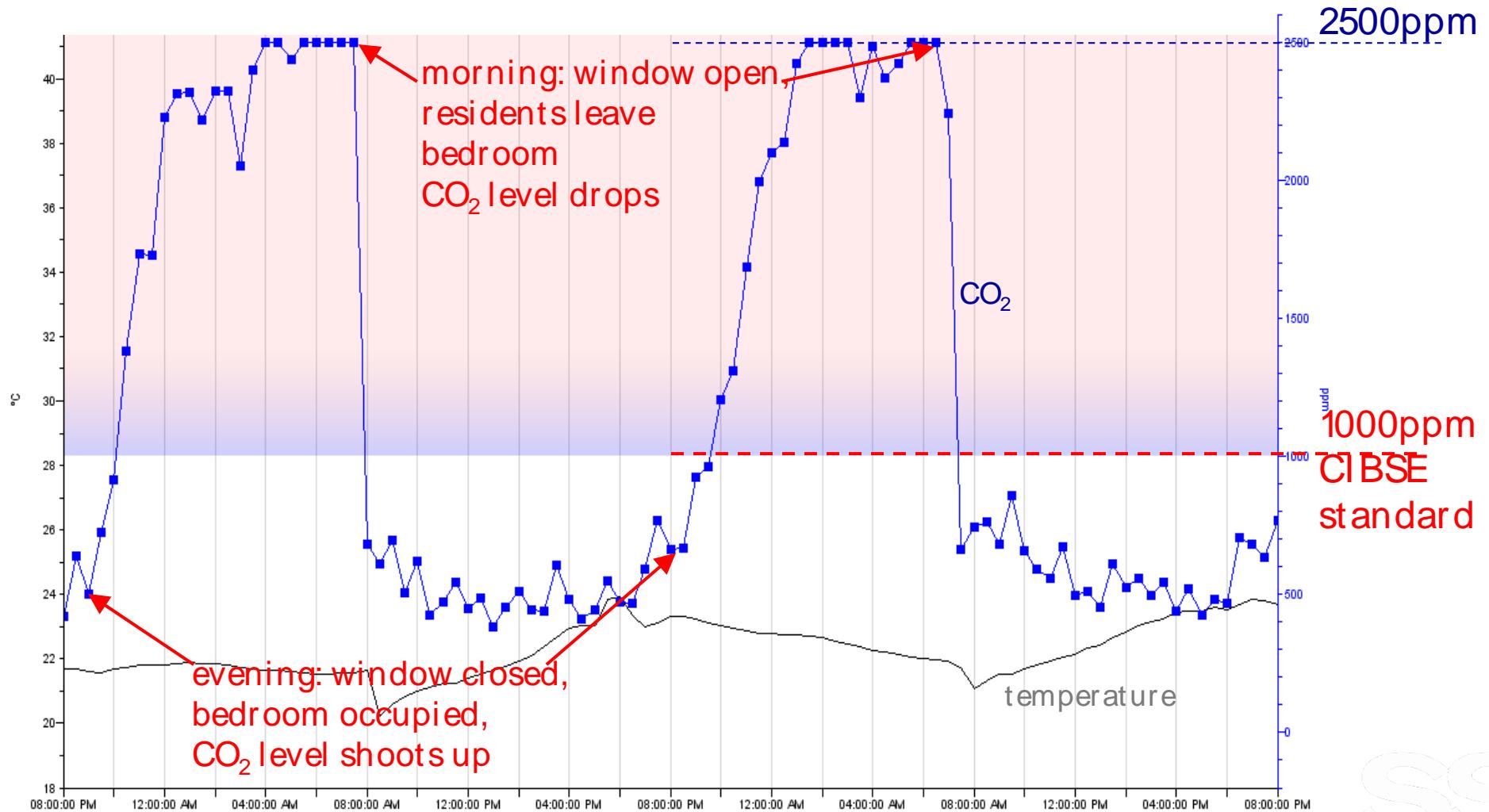
Sleeping poorly

Window openings restricted

Noise problems

Walkthrough revealed reasons...

# Poor ventilation is dangerous in our homes – toxic, even... monitoring reveals this



## Investigative level

- testing for air flows in the home



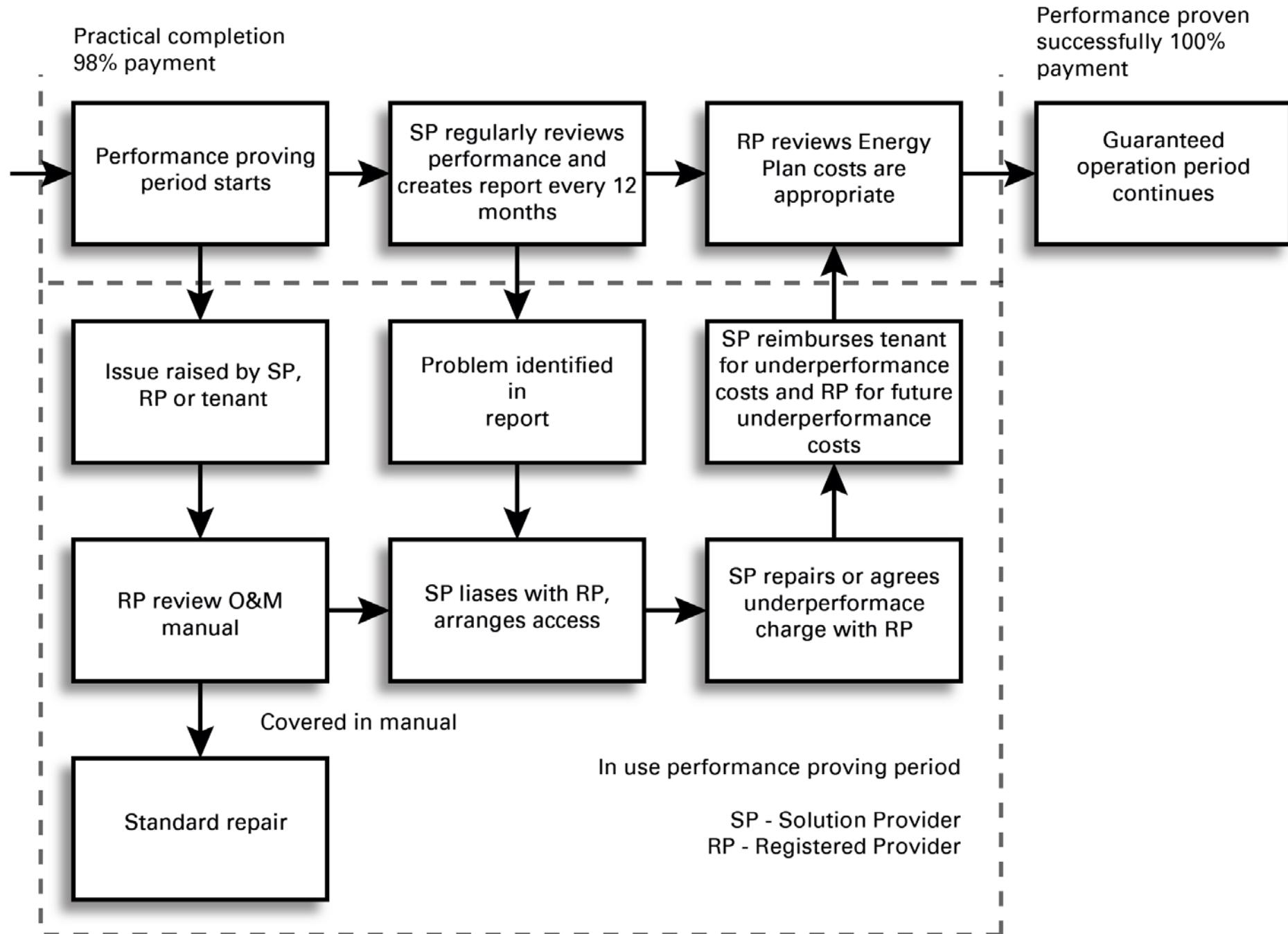
# Key lessons from the feedback

- Avoid creating single aspect apartments – no natural cross ventilation
- Ensure all windows are properly shaded externally
- Design ventilation with correct air flow paths
- Properly commission all mechanical equipment
- Provide occupants with training, not just manuals

## NEW FEEDBACK APPROACHES



Using feedback as a guarantee - Energiesprong





Usability of technology – this is under studied....use video!



Creating new citizen scientists through built in monitoring

# Empowering occupants through co-design

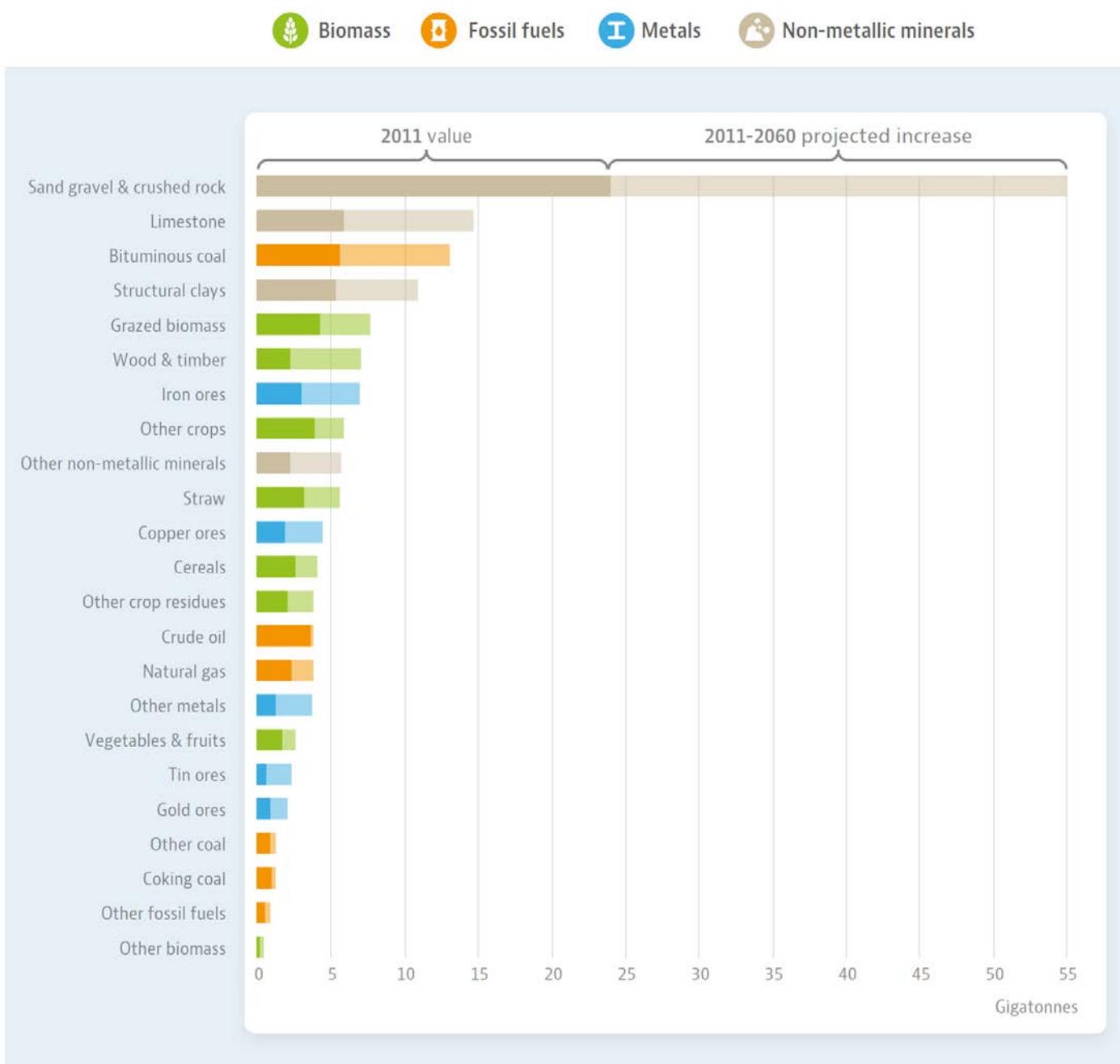
1. Greater mutual understanding achieved
2. Greater buy-in and ownership of design and performance studies
3. Cohousing, Co-ops, Build-to-Rent, social housing
4. New Co-living models available



## RESOURCE USE CONTRACTION



Figure 10. Construction materials dominate total materials use in 2011 and 2060



# Global Material Resources Outlook to 2060

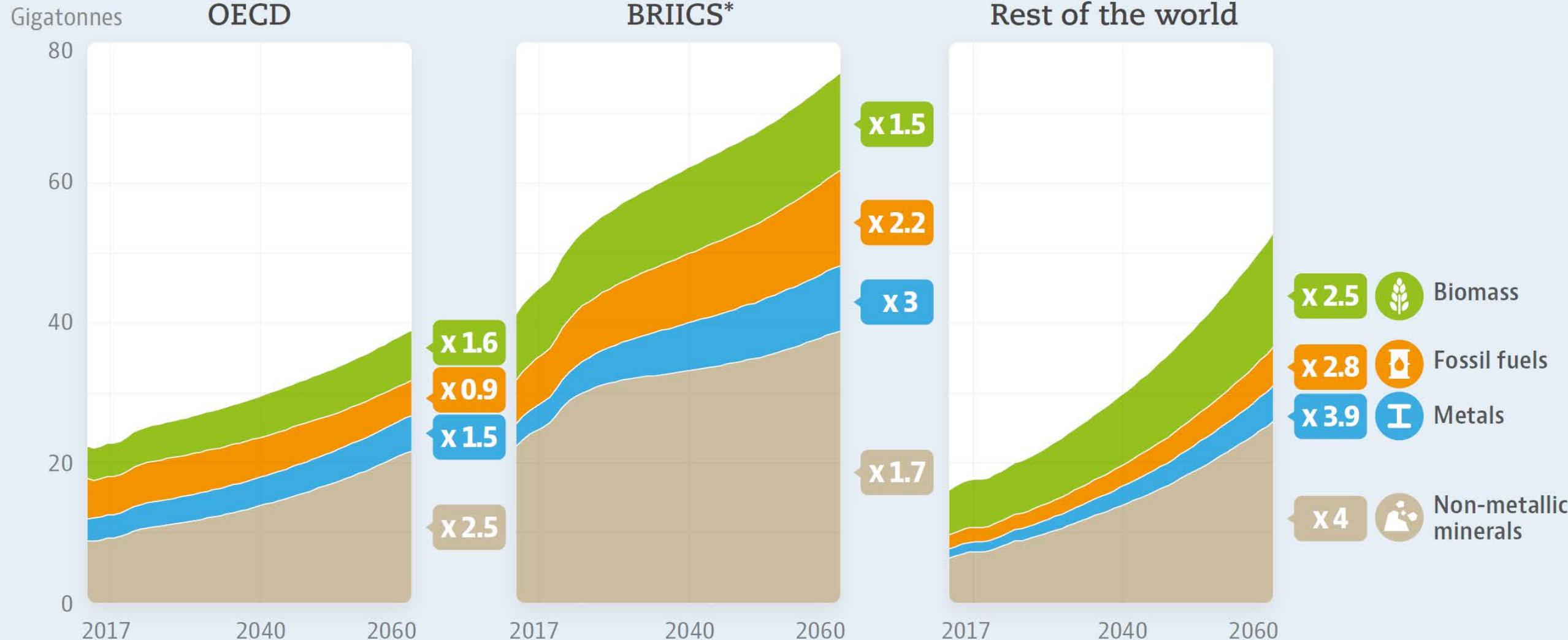
Economic drivers and environmental consequences

HIGHLIGHTS

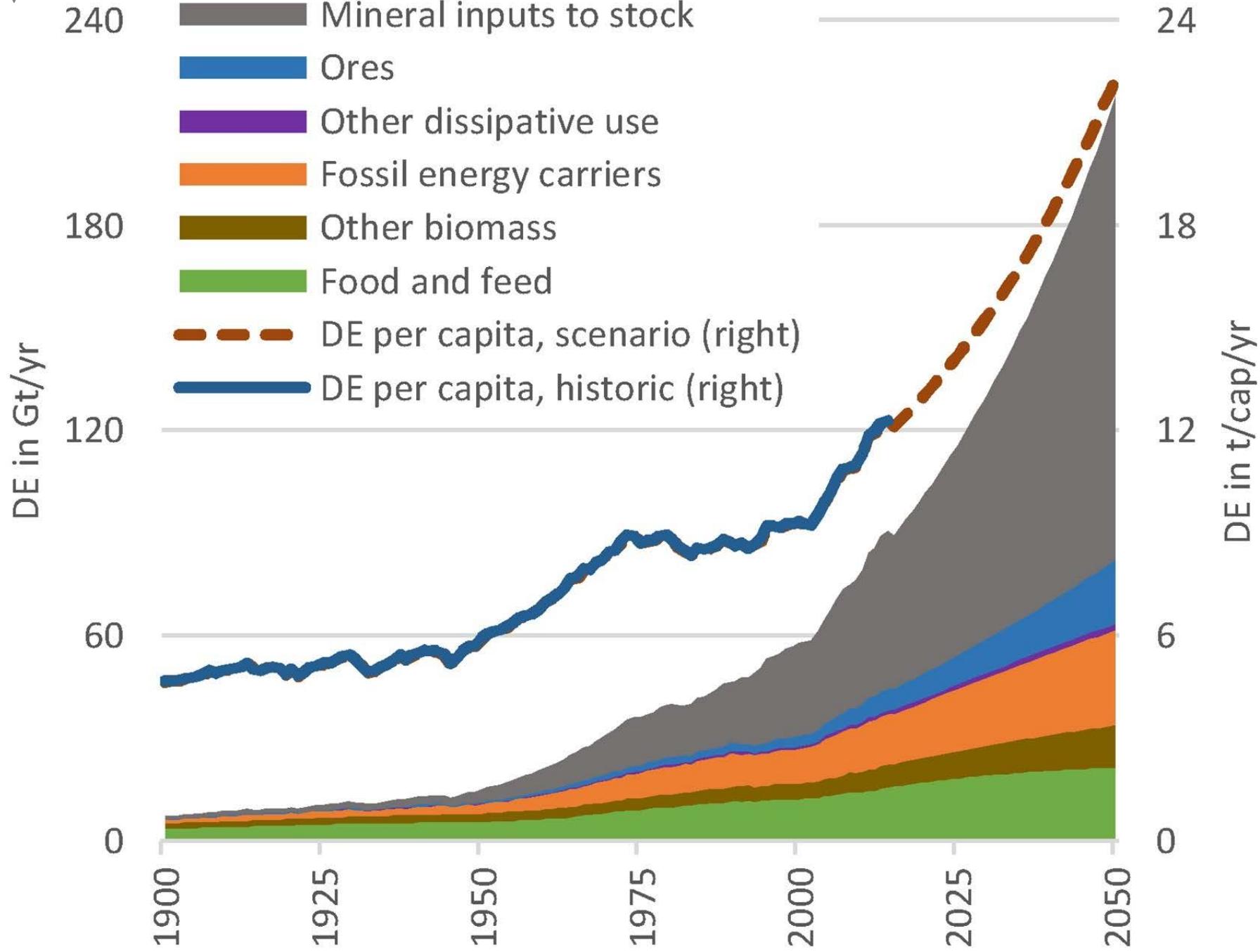




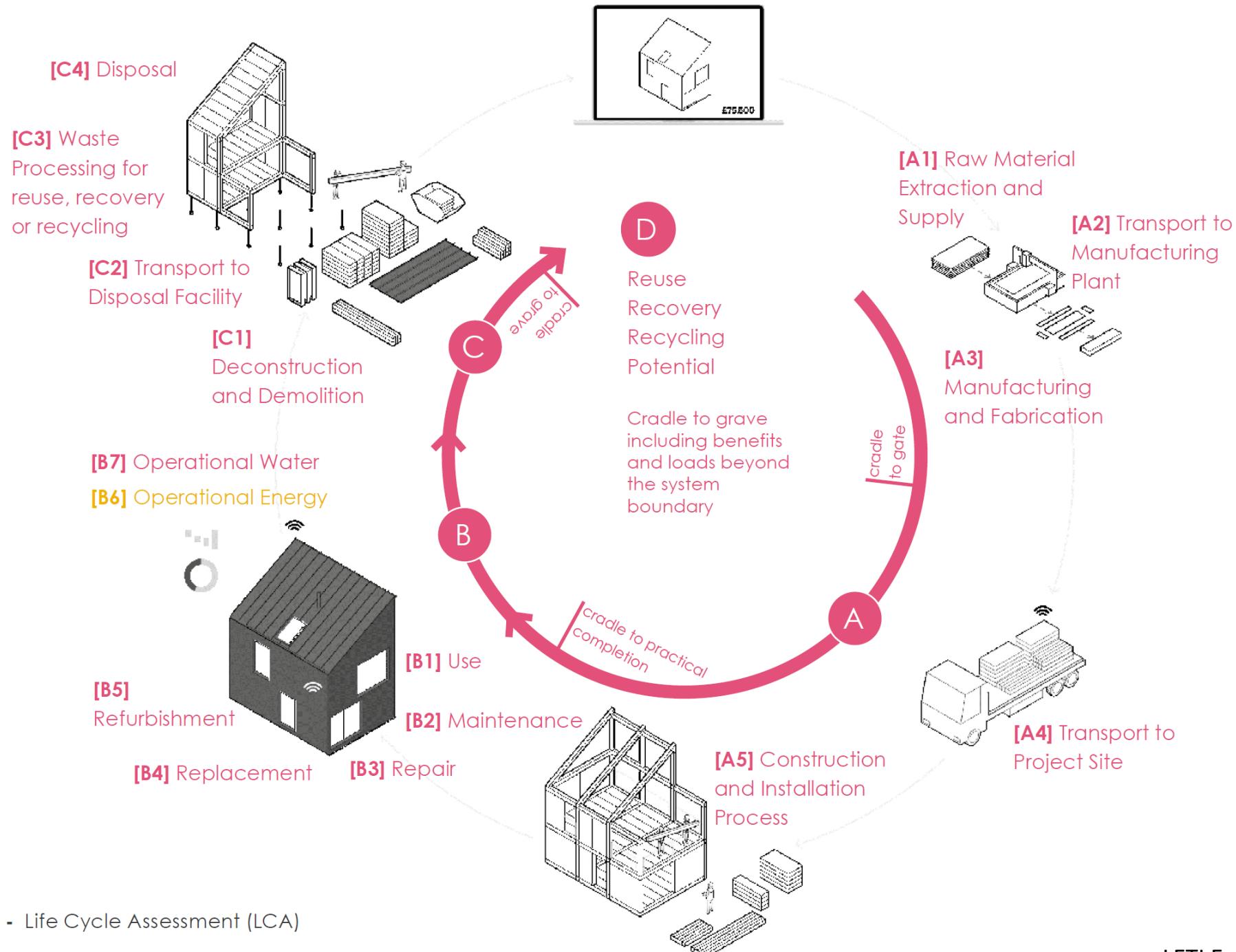
Figure 7. Materials use rises for all material groups

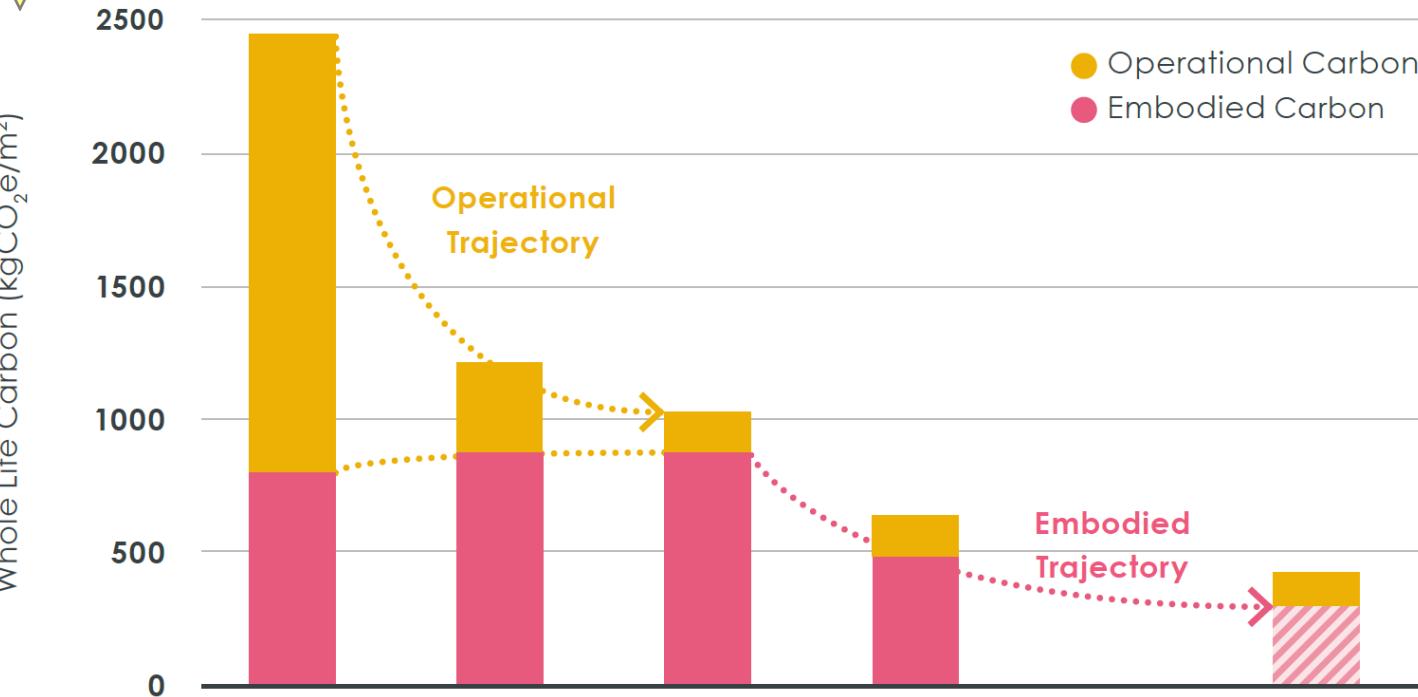


\*BRIICS: Brazil, Russia, India, Indonesia, China, South Africa

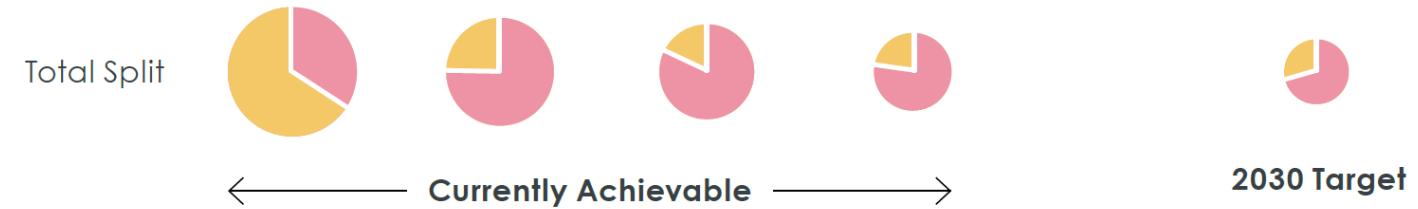


# Global Material Extraction 1990 - 2050



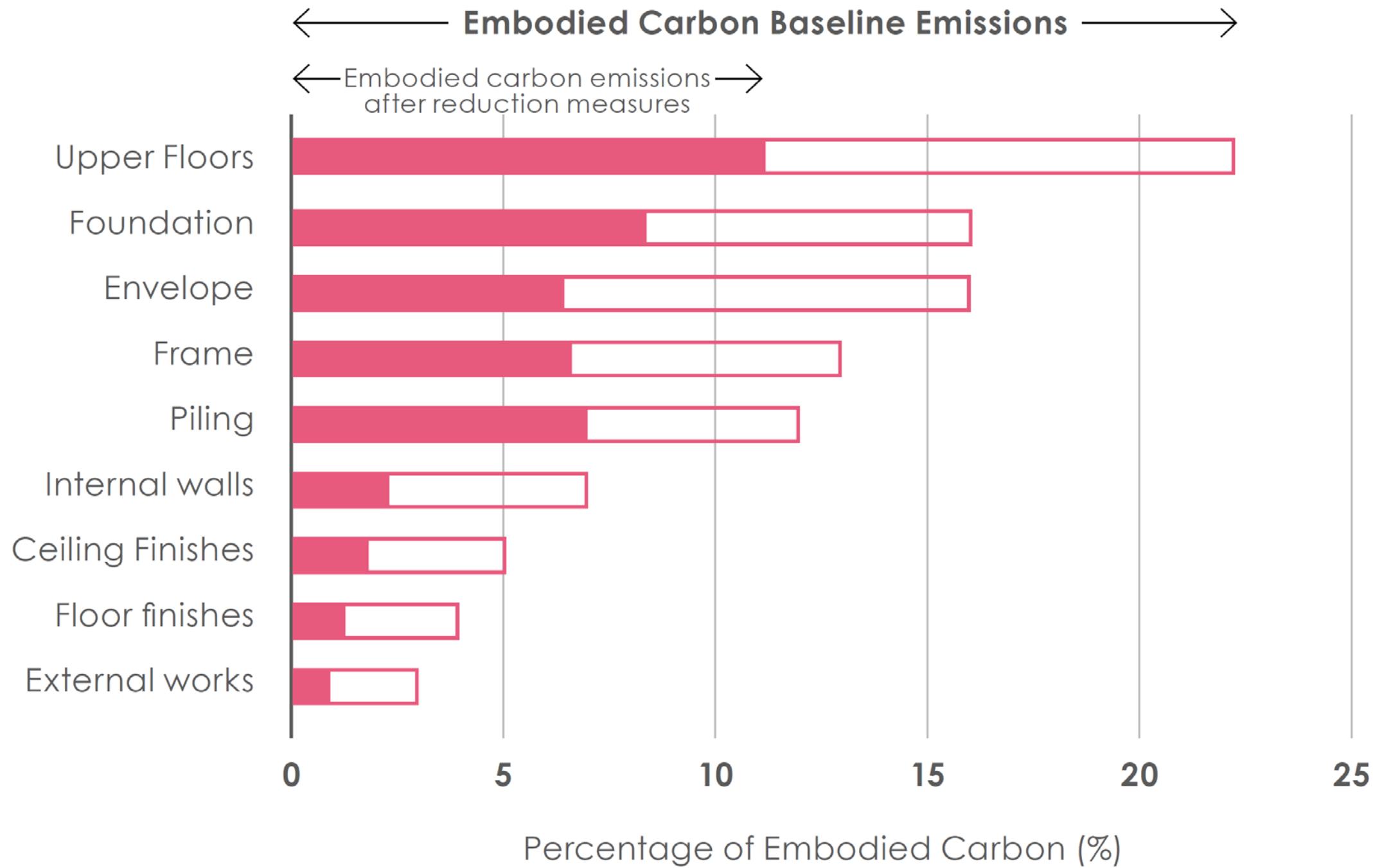
whole Life Carbon (kgCO<sub>2</sub>e/m<sup>2</sup>)

Operational Carbon Scenario	Current Building Regulations	Ultra-low energy with Gas Boiler	Ultra-low energy with Heat Pump	Ultra-low energy with Heat Pump
Embodied Carbon Scenario	Not considered	Not considered	Not considered	Embodied Carbon Reductions
				Future Embodied Benchmark



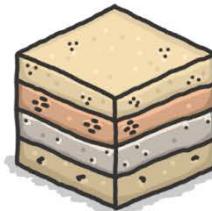
# UK carbon emissions trajectory for buildings: Operational v Embodied

....the embodied carbon is becoming more important



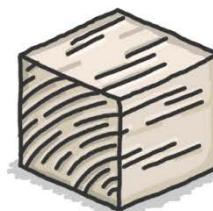


# Cradle to Gate Embodied Carbon A1 - A3



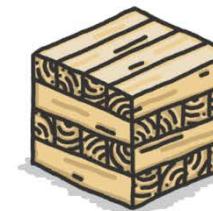
**Rammed Earth**  
**48 kgCO<sub>2</sub>e/m<sup>3</sup>**

Ranges from 40 to 170 kgCO<sub>2</sub>e/m<sup>3</sup>



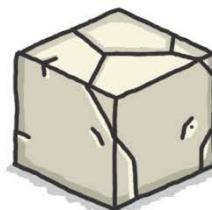
**Softwood Timber**  
**110 kgCO<sub>2</sub>e/m<sup>3</sup>**

Ranges from 1 to 480 kgCO<sub>2</sub>e/m<sup>3</sup>



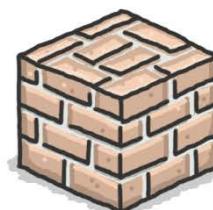
**Cross Laminated Timber**  
**219 kgCO<sub>2</sub>e/m<sup>3</sup>**

Ranges from 160 to 320 kgCO<sub>2</sub>e/m<sup>3</sup>



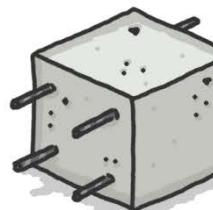
**Stone Generally**  
**237 kgCO<sub>2</sub>e/m<sup>3</sup>**

Ranges from 60 to 2,100 kgCO<sub>2</sub>e/m<sup>3</sup>



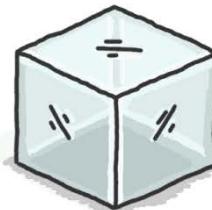
**Clay Brick Wall\***  
**345 kgCO<sub>2</sub>e/m<sup>3</sup>**

Ranges from 260 to 1,100 kgCO<sub>2</sub>e/m<sup>3</sup>



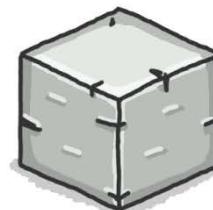
**Reinforced Concrete\*\***  
**635 kgCO<sub>2</sub>e/m<sup>3</sup>**

Ranges from 120 to 1,370 kgCO<sub>2</sub>e/m<sup>3</sup>



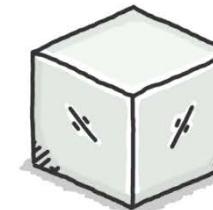
**Glass Generally**  
**3,600 kgCO<sub>2</sub>e/m<sup>3</sup>**

Ranges from 2,300 to 5,100 kgCO<sub>2</sub>e/m<sup>3</sup>



**Steel Section**  
**12,090 kgCO<sub>2</sub>e/m<sup>3</sup>**

Ranges from 7,600 to 28,000 kgCO<sub>2</sub>e/m<sup>3</sup>



**Aluminium Generally**  
**18,009 kgCO<sub>2</sub>e/m<sup>3</sup>**

Ranges from 2,400 to 58,000 kgCO<sub>2</sub>e/m<sup>3</sup>

Source: <http://www.circularecology.com/embodied-energy-and-carbon-footprint-database.html>

Using database summary values for product stage, does not include construction, use, end of life or benefits stages.

Ranges are presented to show how values can vary, and require interpretation based on source and analysis method.

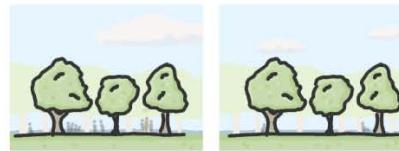
\*Based on values for brick walls, which use 1,500 bricks for 1m<sup>3</sup> of mortar

\*\*Based on C32/40 concrete with 2% reinforcement, maximum based on 4% reinforcement

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# Building Life Strategies

## Avoid Construction:



### Don't Build

Use strategies to avoid construction; locate elsewhere, create alternative routes, use flexible and remote working



### Use Existing

Buy or rent an existing building or several existing buildings next to or around the site

## Reuse and Repair:

### Repair Existing

Repair and extend existing buildings; restore historic structures, retrofit spaces, convert attics, build extensions



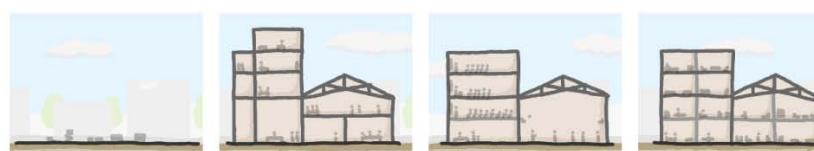
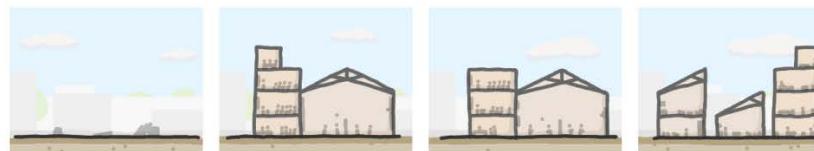
### Reuse Existing

Reuse existing building components, elements and materials locally to construct new spaces

## Design for Reuse:

### Design for Deconstruction

Use mechanical connections, material passports and finishes which can be separated and reused



### Long Life, Loose Fit

Guarantee project life for at least 100 years, use spans, ceiling heights and floor capacity which can be adapted for different uses

Before

Short Term

Medium Term

Long Term

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# Design with a Lighter Touch



Bluebell

*Hyacinthoides non-scripta*

Encourage local ecology

Services and structure integrated

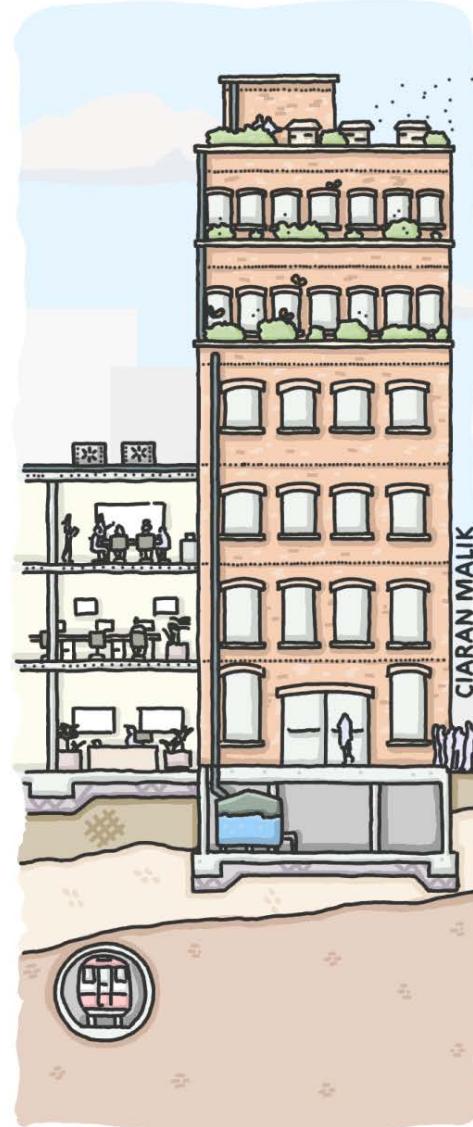
Larger low leaves/ windows to maximise sunlight to all levels

Built from locally available materials

Collect and use rainwater on site

Size balanced with soil conditions

Waste material recycled on site



Built Environment

*Bond regenerantia consilio*

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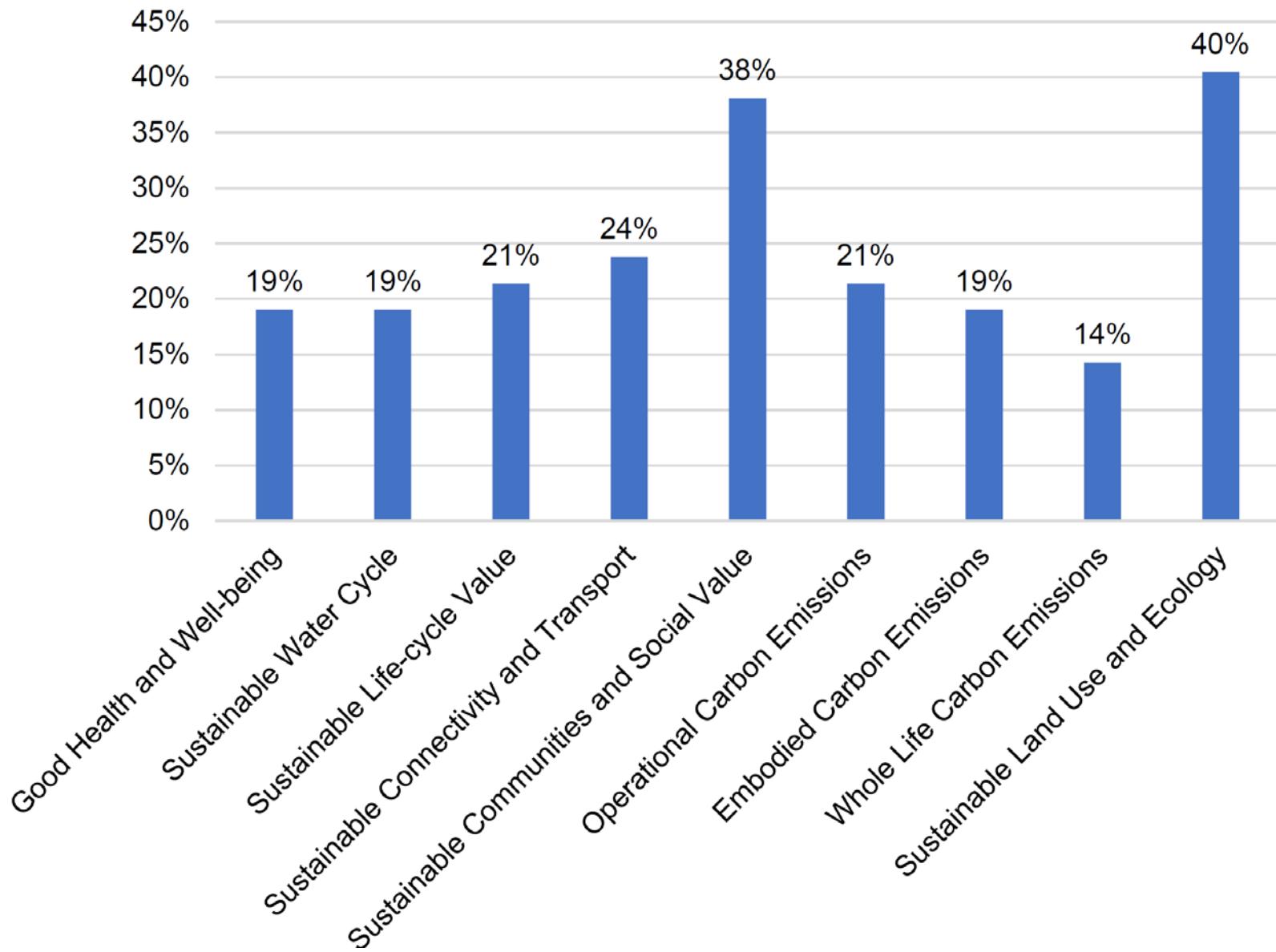




Image: Magda Baborska Narożny

## EDUCATION AND TRAINING

# UIA survey of national architecture institutions – CPD topics covered in 2020



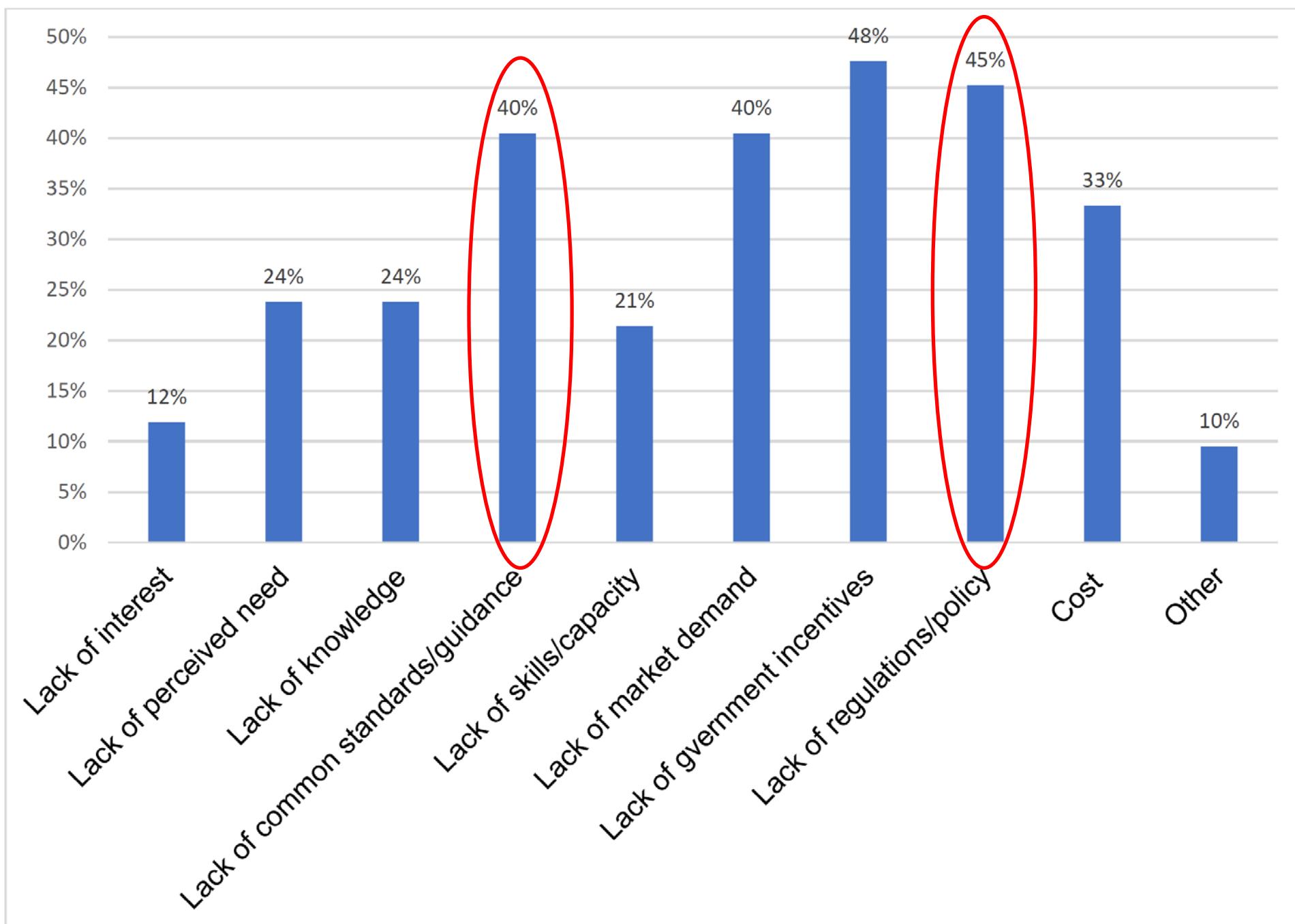


Figure 8, Top 3 barriers/challenges in delivering sustainable development in your country?

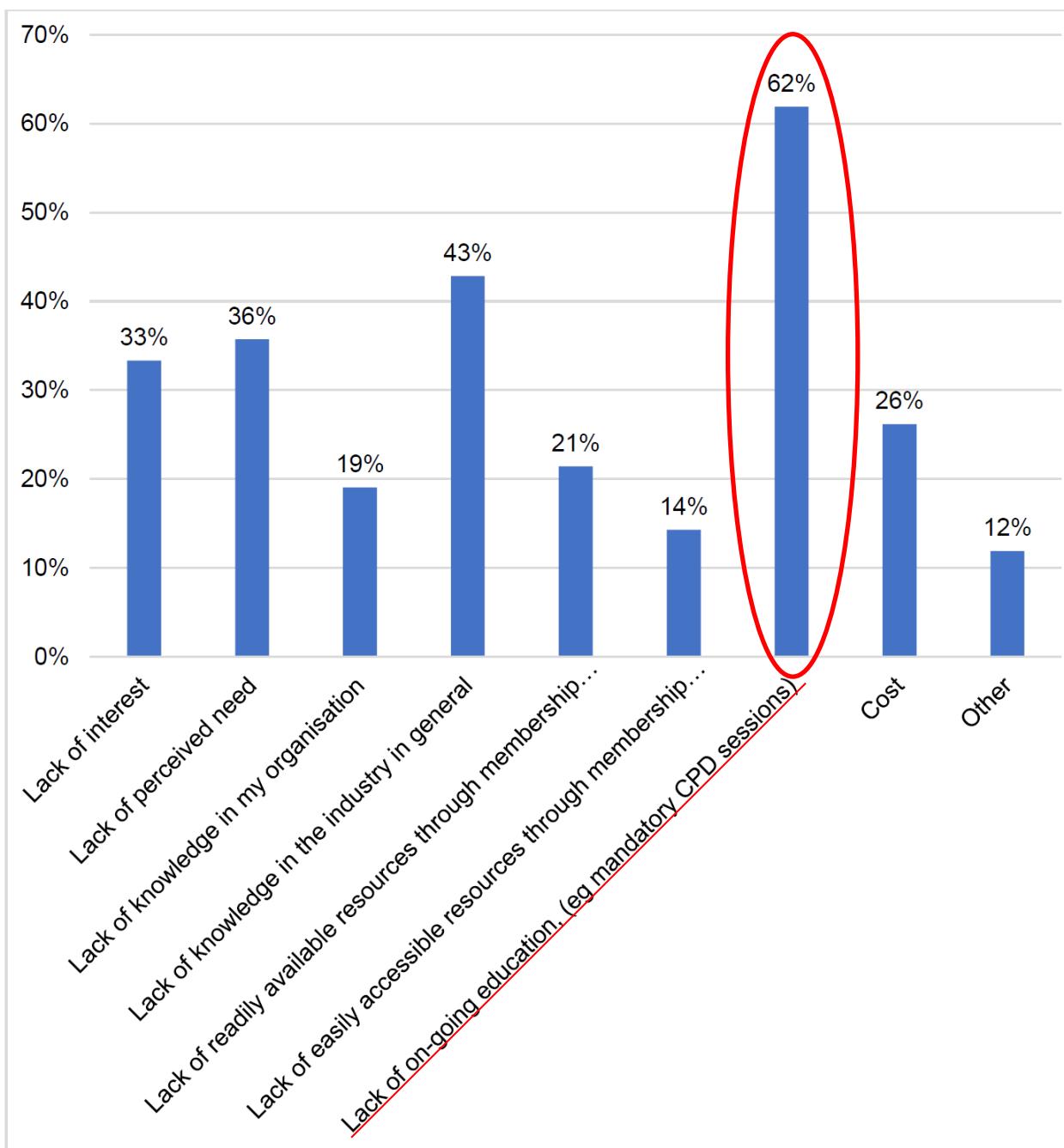


Figure 16, Top 3 barriers/challenges to learning about the UN 2030 SDGs?

What can we do  
about it?

Integrative, adaptive, informed and inclusive governance approaches including smart policy mixes, applied especially at leverage points

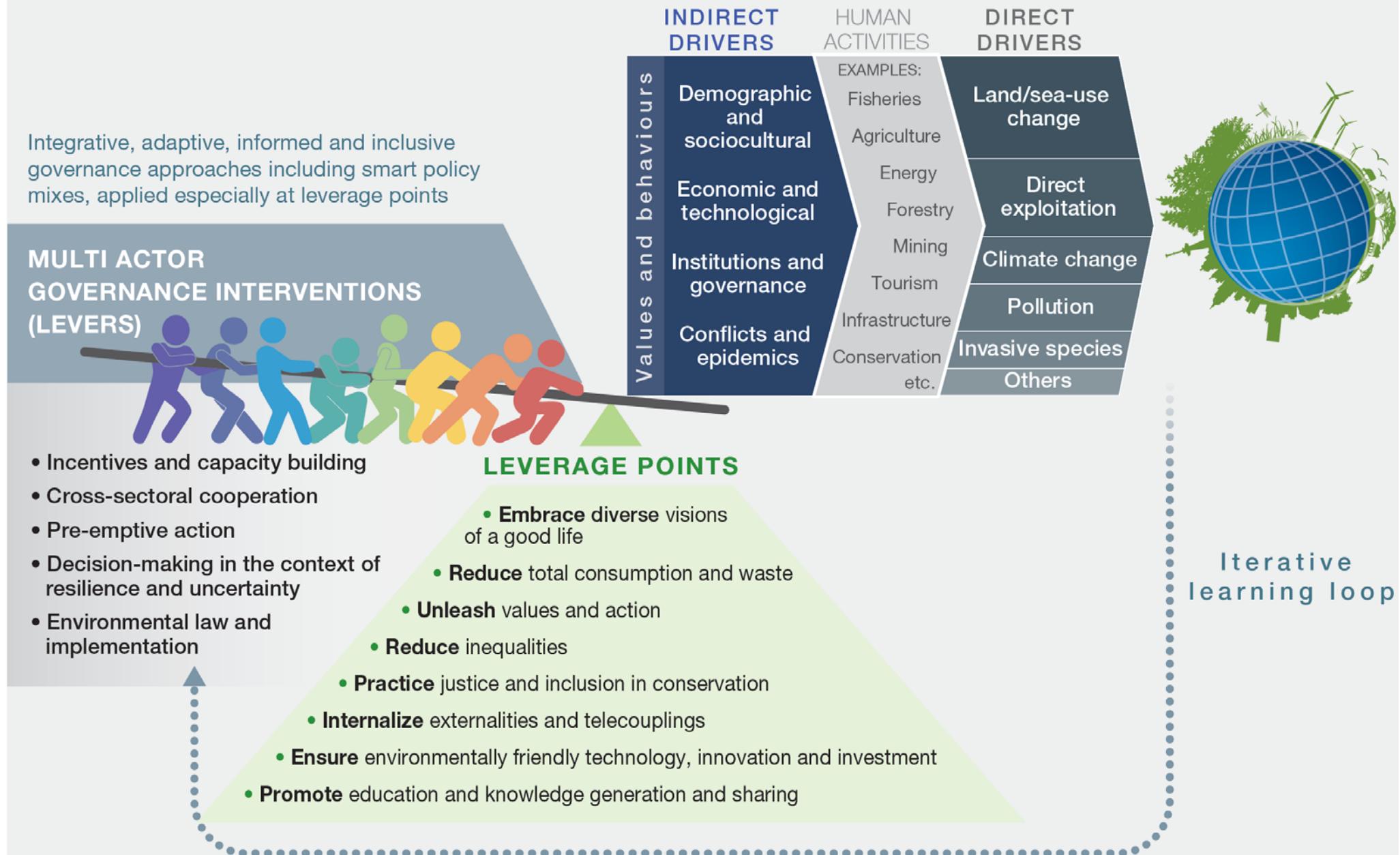
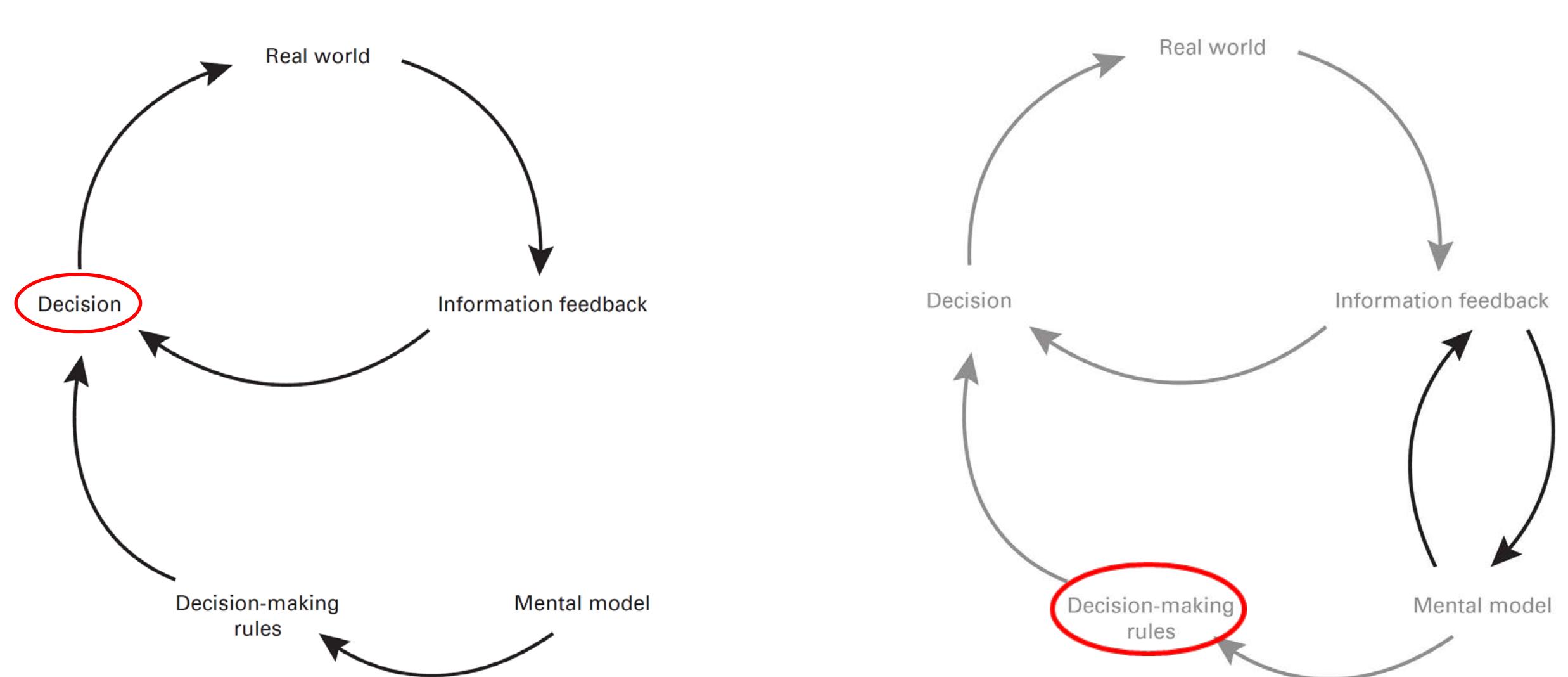


Figure SPM 9 Transformative change in global sustainability pathways.



# Changing our mindset

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IT'S YOUR MOVE NOW

# Eat much less meat – or avoid it



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# Travel less



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# Consume and waste less



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## Conclusion: It's now or never...

We have **all the technology we need** already to deliver good building performance

We do not have the **mind set** to go back and really check how well our buildings are performing – or us!

There is **no time left** to talk about 'the future'

If we do not **radically change our personal lives** and our work right now, it will be too late – the carbon is locked in

**Lets be part of the change now**



The  
University  
Of  
Sheffield.

Thank  
you.

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UNIVERSITY

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